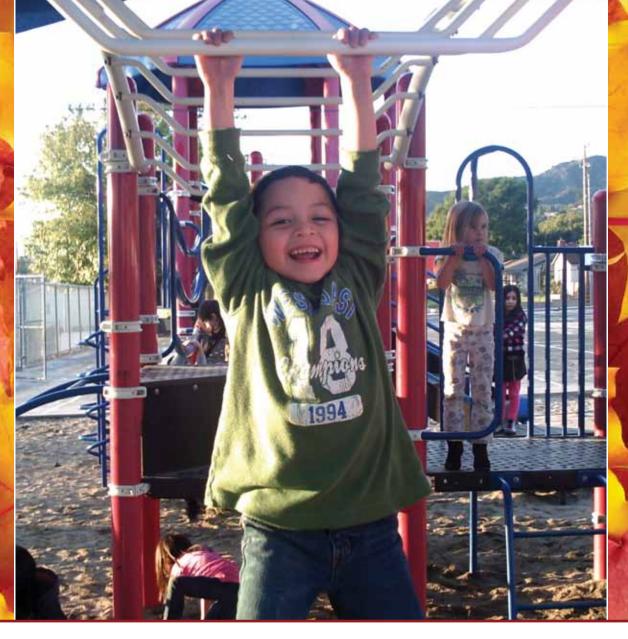
City of Burbank









CHECK OUT...

- Fall Classes
- Halloween Activities
- Youth and Adult Sports
- Afterschool Daze
- BMX/Skate Park
- Adults 55+ Day Trips

BurbankRec::Guide









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REGISTRATION DATES

Fall

Classes begin the week of September 10 (unless otherwise noted)

Burbank Resident Internet and Mail In Registration begins August 17 (postmark no earlier than August 13)

Non-Resident Internet and Mail-In Registration begins August 24 (postmark no earlier than August 20)

Open Registration (Walk-In) begins August 28

Winter

Recreation Guides available late October Classes begin the week of January 7, 2013

Burbank Resident Registration begins November 30, 2012

Non-Resident Registration begins December 7, 2012



BURBANK CITY COUNCIL

Dave Golonski	Mayor
Emily Gabel-Luddy	Vice Mayor
Gary Bric	Councilmember
Dr. David Gordon	Councilmember
Jess Talamantes	Councilmember

Meetings are held on Tuesdays at 6:00 p.m. Burbank City Hall - City Council Chambers Televised live on Cable TV Burbank Channel

PARK, RECREATION AND COMMUNITY SERVICES BOARD

Geren V. Yegparian	Chair
Terre A. Hirsch	Vice Chair
Barry S. Gussow	Secretary
Mickey DePalo	Member
Todd Layfer	

Meetings held on the 2nd Thursday each month at 6:00 p.m. Burbank City Hall - City Council Chambers Televised live on Cable TV Burbank Channel

PARK, RECREATION AND COMMUNITY SERVICES DEPARTMENT

Judie Wilke..... Director

Administrative Offices 150 North Third Street (818) 238-5300

veterans day ceremony



Sunday, November 11, 2012 11:00 a.m.

McCambridge Park War Memorial Corner of San Fernando Road and Amherst Drive In loving dedication to our Burbank fallen heroes, veterans and current military.

For information, call (818) 238-5300

mayor's tree lighting ceremony







SHOW YOUR SUPPORT!

The City of Burbank wishes to recognize and show appreciation to families of military personnel serving in America's Armed Forces here and abroad. In this effort, The City of Burbank has adopted a Military Service Recognition Program!



Street Banners will be installed honoring Burbank residents who are currently serving an active duty in our Armed Forces.

You can support this effort by contributing \$150 towards the cost of a banner. The City of Burbank will match your contribution.

The banners will be presented to each of the military personnel upon completion of their military service. In addition, the City Council will present a prodomation acknowledging the individual's service to his/her City and the Nation.

Be a part of the City of Burbank's Military Service Recognition Program to "Honor All Who Serve."

Show your support! Contribute your \$150 tax deductible donation today!

Make checks payable to:

Military Service Recognition Program

Please mail checks to: City of Burbank, Park, Recreati

City of Burbonk, Park, Recreation and Community Services Department Attn: Military Service Recognition Program P.O. Box 6459; Burbonk, CA 91510-6459

For more information, please cell; 818.238.5300

tot halloween party

For preschool aged children Saturday, October 27 10:00 – 11:30 a.m. FREE!

McCambridge Recreation Center 1515 North Glenoaks Boulevard (818) 238-5378



halloween carnival



Wednesday, October 31
6:30 – 8:30 p.m.
FREE!
Exclusively for elementary
school-age children
Games, Candy and Prizes
McCambridge Recreation Center
1515 North Glenoaks Boulevard
(818) 238-5378

haunted adventure



Friday and Saturday, October 19 and 20 7:00 – 9:00 p.m. • \$5 per person Meet at Stough Park 1335 Lockheed View Drive

The Burbank Docents present a tour of a very scary haunted house.

An adult must accompany children under 12 years old.

No one under the age of 6 years will be allowed on the tour.

No refunds for scared participants.

Games, live animals, face painting and more while waiting for the tour.

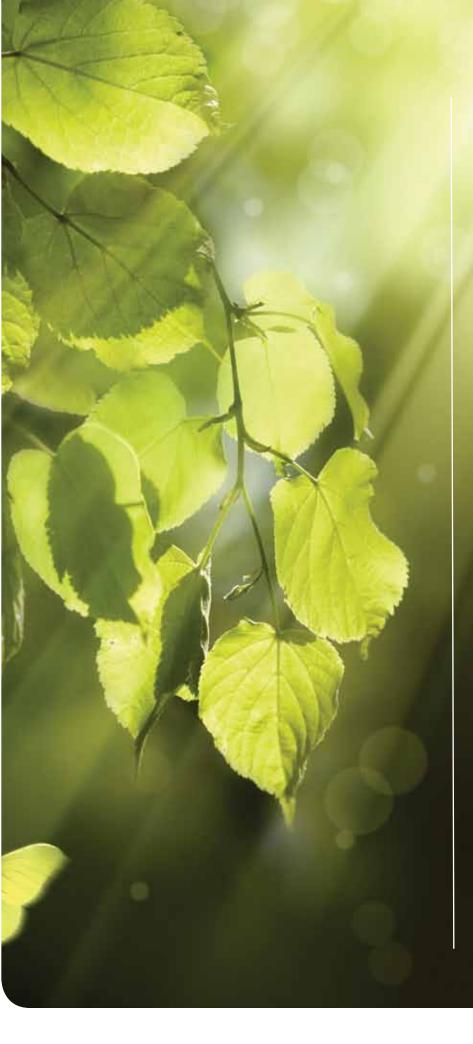


We are looking for some scary people to help out with this fun event.

Planning sessions begin early September.

Volunteers should be at least 14 years old.

For more information call (818) 238-5440



City of Burbank
FORESTRY
SECTION
want a
free
parkway
tree?

The City of Burbank continues to be recognized as a Tree City USA for 34 consecutive years.

In an effort to continue beautifying our community, the City Council has funded a free tree giveaway program to Burbank residents.

For more information call: (818) 238-5304



burbank athletics walk of fame

Members of the Burbank Athletic Walk of Fame:

Back row: Jim Lloyd, Mary Alvord, Darrel Taylor, Ken Bailey, Al Fredrickson, Al Peppi, Ed Pape, Rollie Bigbee, Mike DeLaney. Next row: Laben Freeman, Mickey DePalo, Robb Roberts, Linda Oseransky, Barbara Rownd, Chuck Lisi, Steven Beardsley, Karen Sartoris. Front Row: Mike Graceffo, Russ Burton, Rick Williams, Ron Gobble, Ron Rossiter, and Mike McHorney.

The City of Burbank recognizes the value of sports and athletic activities within the community. To this end, the City is committed to the provision of high quality and diverse athletic programs. These standards are achieved through the commitment and dedication of individuals who in their roles as participants, volunteers, or professional staff, have furthered the excellence of organized sports programs sponsored by the City of Burbank.

To acknowledge the contributions of those individuals who have established and achieved these high standards, the City of Burbank, Parks, Recreation and Community Services Department and the Burbank Athletic Federation have collaboratively established the Burbank Athletics Walk of Fame.

The 2012 Walk of Fame Induction Ceremony will be held on Saturday, October 6 at 9:00 a.m. at George Izay Park behind field #2.

For more information please call the Sports Office at (818) 238-5330 or visit our website at http://www.burbankusa.com.



Burbank Roller Hockey Rink 3211 West Victory Boulevard (818) 845-0960 www.burbankrollerhockey.com

Youth Pick Up

The Burbank Roller Hockey Rink is now hosting FREE Youth Pick Up Hockey every Friday afternoon from 4:00 – 7:00 p.m. Free equipment is available for any child that needs it. For more information please contact the rink.

Youth and Adult Hockey League Registration

Youth and Adult Roller Hockey Leagues are held throughout the year. Please check the website www. BurbankRollerHockey. com for more information



regarding league play and registration dates.

Adult Roller Hockey Pick Up

The Burbank Roller Hockey Rink is now hosting Adult Pick Up Hockey every Friday evening from 7:00 – 9:00 p.m. The cost is \$5 per skater and goalies are always FREE! For more information please contact the rink.

Adult Ball Hockey

The Burbank Roller Hockey Rink is hosting an Adult Ball Hockey League every Sunday morning from 10 a.m. – 12 p.m. For more information please contact the rink @ 818-845-0960.

sports officials' training

Adults interested in officiating softball, baseball, or basketball can earn up to \$30 per game. Officials are required to attend classroom training, pass a written exam, and pass a practical exam. For more information please call (818) 238-5330.

Sport	Training	Adult Games	Youth Games
Baseball	February	N/A	\$16-\$28
Softball	February	\$26-\$30	\$16-\$30
Flag Football	August	N/A	\$22
Volleyball	August	\$22	\$20
Basketball	October	\$25	\$22



All fees subject to change.

youth sports

SPORTS OFFICE

818.238.5330

Field Conditions Hotline 1111 West Olive Avenue 818.525.3735

Monday through Friday
Website:

9:00 a.m. - 6:00 p.m.

www.ci.burbank.ca.us//index.aspx?page=323

YOUTH SPORTS LEAGUES

The Youth Sports program involves Burbank youth in various athletic activities throughout the year. Sports leagues, clinics, and special events are offered by the Park, Recreation and Community Services Department to provide recreational competition for both boys and girls. Teams are coached by volunteers who share their time and talents with the participants.

YOUTH TEAM REGISTRATION

Registration is accepted "on a per team basis." Individual players' names will be added to a "Free Agent List." For those players not contacted and placed on a team, their parents are required to attend a parent's meeting. The purpose of these meetings is to recruit new coaches. Staff will make every attempt to recruit coaches for these players; there is no guarantee of placement.



VOLUNTEER COACHES NEEDED

All teams are coached by volunteers in the community who are looking to make a difference in the lives of children. Volunteers do not need to have a child enrolled in the program. Training and certification is provided. Adults interested in managing, coaching, or officiating in the youth sports program are encouraged to call the Sports Office at 818.238.5330.

NATIONAL ALLIANCE FOR YOUTH SPORTS

The City of Burbank is a member of the National Alliance for Youth (NAYS) which advocates positive and safe sports and activities for children. Youth sports programs provide children positive instruction and build basic motor skills. NAYS offers programs and services for everyone involved in youth sports experiences, including administrators, volunteer coaches, officials, parents, and young athletes.

SCOREKEEPER TRAINING

This program is available to youth in 7th grade and above. Earn \$8.00 to \$10.00 per game scorekeeping Youth Baseball, Softball, and Basketball games. New scorekeepers must attend three classroom sessions, pass a written exam, and score keep at least two practice games. Returning scorekeepers must attend one of the classroom sessions and pass the written exam. Scorekeepers are needed for weeknight and Saturday games. Youth Basketball season will take place November 2012 – February 2013. Contact the Sports Office at (818) 238-5330 for more information.

YOUTH OFFICIALS TRAINING

This program is available to youth in 8th grade and above. Youth Officials are used to officiate Youth Baseball, Softball, and Basketball and earn \$14.00 to \$15.00 per game. This program is a great opportunity for youth to gain work experience, develop leadership skills and earn extra cash. Youth Officials are needed for weeknight and Saturday games. Youth Basketball season will take place November 2012 - February 2013. Contact the Sports Office at (818) 238-5330 for more information.

youth sports leagues

LEAGUE	AGE GROUP	INDIVIDUAL PLAYER SIGN-UPS	TEAM REGISTRATION	SEASON DATES
Basketball	Grades 3 - 9	September 29 - October 26	October	November - February
Instructional Basketball	Grades 1 - 2	Begins October 29	N/A	January - February
Hap Minor T-Ball/Baseball	Grades K - 9	January/February	February	March - June
Ponytail T-Ball/Softball	Grades K - 9	January/February	February	March - June
ASA Softball	Ages 10 -18	July 7 - August 3	July	August - December
Flag Football	Grades 3 - 9	July 7 - August 3	July	August - October
Volleyball	Grades 3 - 9	July 7 - August 3	July	August - October

^{*}Individual Player Sign-ups: Individual players' names will be added to a Free Agent List.

Olive Recreation Center

Monday - Friday 9:00 a.m. - 9:45 p.m. and Saturday - Sunday 1:00 p.m. - 4:45 p.m.

Registration materials are available on the website: www.ci.burbank.ca.us/park/Sports or contact the Sports Office.

drop-in activities

Drop-in activities are available to both youth and adults. Participants must observe all local facility rules. Dates and times are subject to change.

FACILITIES

McCambridge Recreation Center	(818) 238-5378
Olive Recreation Center	(818) 238-5385
Verdugo Recreation Center	(818) 238-5390
Roller Hockey Rink	(818) 845-0960

SPORT	FACILITY	DAY	TIME
Badminton	McCambridge	Wed	6:30-9:30 p.m.
	Olive	Tue/Thu	9:00 a.m 12:00 p.m.
Volleyball	McCambridge	Fri	7:00-9:30 p.m.
	Verdugo	Mon	8:00-9:30 p.m.
Basketball	Call Recreation ce	enters or visit	our website for days & times

BURBANK ATHLETIC FEDERATION

Since 1947, the Burbank Athletic Federation (BAF) has assisted the Park, Recreation and Community Services Department with fostering, promoting, and developing amateur athletics in the City of Burbank. The goals of the BAF include building good sportsmanship and character, citizen training, and physical maintenance for all participants as well as encouraging friendly rivalry, group spirit, and team play.

ADULT SPORTS LEAGUES

The adult sports program offers men and women opportunities to participate in organized recreational sports leagues. Registration is accepted on a "team basis" only. The adult program offers organized league play in basketball, slow pitch softball, fast pitch softball, coed softball, and volleyball. Please refer to the league schedule listed below.

SPORT	GAME DAY	SEASON	
BASKETBALL Men's Women's	Monday-Friday Sunday	Winter/Summer/Fall Winter/Summer/Fall	
COED SOFTBALL Open Corporate	Sunday Monday	Winter/Summer/Fall Winter/Summer/Fall	
FAST PITCH Men's Modified Women's	Wednesday Friday Sunday	Winter/Summer/Fall Summer/Fall Summer/Fall	
SLOW PITCH SOFTBALL Church Seniors Tuesday Men's Thursday Men's	Friday Sunday Tuesday Thursday	Summer Winter/Summer Winter/Summer/Fall Winter/Summer/Fall	
VOLLEYBALL Women's 4-man Coed 4-woman Reverse Coed	Saturday Saturday Saturday Saturday Saturday	Winter Summer Summer Fall Fall	

adult sports registration fees

WINTER 2013 ADULT SPORTS REGISTRATION FOR ALL SPORTS

Burbank Resident Registration October 29 - November 2 Non-resident Registration November 6 - 9

Registration is held at:
BURBANK SPORTS OFFICE
1111 West Olive Avenue
(818) 238-5330
Monday - Friday
9:00 a.m. - 6:00 p.m.

For more information please call the Sports Office at (818) 238-5330 or visit our website and download the Adult Sports Brochure.

Registration Fees

Fees are paid per season, not yearly. Official's Fees are paid in cash at the beginning of each game. All fees are subject to change.

BASKETBALL

RASKEIBALL		
100% Resident	\$315	100% of the players either live or work in $\ensuremath{Burbank}$
80% Resident	\$340	80% of the players either live or work in Burbank
Non-resident	\$365	Less than 80% of the players either live or work in Burbank
Officials:	\$31	Per game, per team. (Scorekeeper and 2 Referees)
SOFTBALL (softballs	provided	
100% Resident	\$433	100% of the players either live or work in Burbank (Corporate Coed a minimum of 80% working for the same Burbank based company)
80% Resident	\$458	80% of the players either live or work in Burbank (Corporate Coed a minimum of 50% working for the same Burbank based company)
Non-resident	\$483	Less than 80% of the players either live or work in Burbank (Corporate Coed a minimum of 50% working for the same non-Burbank based company)
Officials:	\$13	Per game, per team for Slow Pitch and Coed
	\$30	Per game, per team for Fast Pitch
VOLLEYBALL		
100% Resident	\$252	100% of the players either live or work in $\ensuremath{Burbank}$
Non-resident	\$277	Less than 80% of the players either live or work in Burbank $$
Officials:	\$11	Per game, per team.

NOTE: Basketball players may only participate on one team. Softball players may participate on one Coed, one Slow Pitch, and one Fast Pitch team.



BURBANK TENNIS CENTER

(818) 843-4105

1515 N. Glenoaks Blvd., Burbank, CA 91504 www.burbanktenniscenter.com

The Burbank Tennis Center opened October 1, 1997 and boasts a state of the art facility for every level of play, with 10 hard courts and 2 HAR-TRU clay courts. It offers a country club setting at reasonable rates in a friendly environment. Come join the fun!

FIRST SERVE PRO SHOP

Everything you need to play and look your best! From tennis racquets to clothing and accessories, First Serve Tennis is a one-stop venue for your tennis needs.

40-LOVE CAFÉ

Come in and try our new healthy menu!

Group Class Instruction

Group class instruction is offered to adults and youth, three years and older. Levels of instruction range from 1.0 to 4.5 as described on the following page. Players must wear white soled tennis shoes and provide their own racquet. Balls will be provided.

CLASSES BEGIN THE WEEK OF SEPTEMBER 10 Please see class schedule on next page.

HOW TO REGISTER

- Complete a Burbank Tennis Center Registration Form (below).
- Parents <u>must</u> sign an Authorization Form for children under 18 years and submit it with your registration form to be enrolled in class. Forms
 are available at the Burbank Tennis Center or www.burbanktenniscenter.com
- Submit payment with your registration. Please make checks payable to Burbank Tennis Center.

WALK-IN REGISTRATIONS are accepted at the Burbank Tennis Center anytime.

MAIL-IN REGISTRATIONS are accepted now through August 31

Mail registration and payment to:

Burbank Tennis Center

1515 N Glenoaks Blvd. Burbank, CA 91504

NO REFUNDS. You will be notified only if class is full. Classes subject to change by the Burbank Tennis Center. No class changes once classes have begun.

Minimum of 5 students needed for each class. Burbank Tennis Center reserves the right to reschedule/combine or cancel classes that do not meet the minimum number of students.

Burbank Tennis Center Registration Form - Fall 2012

Participant's Name Age				Parent's Name (if Participant is under 18)					
Address				City			Zip Code		
Home Phone Work/Cell Phone				E-mail Address					
	Class #	Day/Hour	Location		Instructor		Fee	*Non Resident Fee	Total
1st Class									
2nd Class									
CREDIT CARD PAYMENT INFORMATION				Non-resident Fee Total Fees Paid					
□ Visa	□ Mastercard	□ AMEX	□ Discover		Participants n	ot living within			ONLY
Card Number Exp. Date			Burbank City limits must add \$2 per youth class, \$5						
Cardholder's Signature:			per adult clas		Date Paid		BTC Initials		

www.burbanktenniscenter.com

tennis

Quickstart "10 and under" Tennis

This USTA program was developed specifically for children 5-10 and uses a smaller court size, lower nets and slower-moving tennis balls. There may be additional classes added to the schedule as needed. For more information regarding this program or to check for added classes please call Maureen Solomon at (818) 843-4105.

Ages 8 and Under (Ages 5-8)

Class	Level	Day	Time	Loc	Instructor	Price
0S101	1.0	Sat	8:00-9:00am	Mc	M. Solomon	\$60

Ages 10 and Under (Ages 8-10) *ages under 8 must have prior instructor approval

QS201	1.0	Wed	4:00-5:00pm	Mc	M. Solomon \$60
QS301	2.0+	Tue	4:30-5:30pm	Mc	M. Solomon \$60

Pee Wee (Ages 3-5) - 9 Weeks

Class	LvI	Day	Time	Loc	Instructor	Price
963	1.0	Sat	9:00-9:45 am	Mc	T. Hardy	\$46
926	1.0	Sat	9:00-9:45 am	Mc	M. Solomon	\$46
927	1.0	Sat	10:00-10:45 am	Mc	M. Solomon	\$46
921	1.0	Sat	11:00-11:45 am	Mc	T. Hardy	\$46
944	1.0	Sun	9:00-9:45 am	Mc	L. Weeks	\$46
923	1.5	Sat	11:00-11:45am	Мс	M. Solomon	\$46

Youth (Ages 5-7) - 9 Weeks

Class	Lvi	Day	Time	Loc	Instructor	Price
947	1.0	Tue	6:00-7:00 pm	0	L. Weeks	\$46
950	1.0	Wed	6:00-7:00 pm	Мс	M. Solomon	\$46
932	1.0	Fri	4:00-5:00 pm	BR	C. Pumpuang	\$46
940	1.0	Sat	8:00-9:00 am	Мс	L. Weeks	\$46
946	1.0	Sun	11:00 am-12:00 pm	n Mc	L. Weeks	\$46
948	1.5	Wed	5:00-6:00 pm	Mc	M. Solomon	\$46
924	1.5	Sat	10:00-11:00 am	Мс	L.Weeks	\$46
929	2.0	Sat	12:00-1:00 pm	Мс	M. Solomon	\$46
945	2.0	Sun	10:00-11:00 am	Мс	L.Weeks	\$46

Junior (Ages 8-12) - 9 Weeks

Julioi (Ages 0-12) - 5 Weeks							
Class	Lvi	Day	Time	Loc	Instructor	Price	
949	1.0	Tue	4:00-5:00 pm	0	L. Weeks	\$46	
910	1.0	Wed	6:00-7:00 pm	JB	R. Bernhardt	\$46	
920	1.0	Fri	4:00-5:00 pm	Mc	B. Sotura	\$46	
934	1.0	Fri	5:00-6:00 pm	BR	C. Pumpuang	\$46	
914	1.0	Sat	8:00-9:00 am	Mc	C. Pumpuang	\$46	
919	1.0	Sat	11:00 am-12:00 pm	Мс	L. Weeks	\$46	
943	1.5	Tue	5:00-6:00 pm	0	L.Weeks	\$46	
933	1.5	Wed	3:30-4:30 pm	٧	C. Pumpuang	\$46	
928	1.5	Sat	8:00-9:00 am	٧	T. Gugerty	\$46	
915	1.5	Sat	9:00-10:00 am	Mc	C. Pumpuang	\$46	
951	2.0	Tue	6:30-7:30 pm	Mc	M. Solomon	\$46	
922	2.0	Fri	5:00-6:00 pm	Mc	B. Sotura	\$46	
925	2.0	Sat	9:00-10:00 am	Mc	L.Weeks	\$46	
941	2.0	Sat	10:00-11:00 am	٧	T. Gugerty	\$46	
960	2.0	Sun	10:00-11:00 am	Mc	T. Gugerty	\$46	
918	2.5	Sat	12:00-1:00 pm	Mc	L. Weeks	\$46	
916	2.5	Sat	10:00-11:00 am	Mc	C. Pumpuang	\$46	
938	2.5	Sat	11:00 am-12:00 pm	١V	T. Gugerty	\$46	
931	3.0	Wed	4:30-5:30 pm	٧	C. Pumpuang	\$46	
936	3.0	Fri	6:00-7:00 pm	BR	C. Pumpuang	\$46	
930	3.0	Fri	6:00-8:00 pm	Mc	B. Sotura	\$65	
942	3.5	Sun	12:00-1:30 pm	Mc	L. Weeks	\$60	



Class Locations

BH Burbank High BR Brace Canyon Park 1.5 Intermediate Beginner JB Burroughs High Mc McCambridge Park Olive Park

Verdugo Park

Tennis Rating/Level

1.0 Beginner

(participated in previous 1.0 level class)

2.0 Advance Beginner

3.0 Intermediate Player

4.0 Advanced Player

5.0 Tournament Player

Teen/Adult - 9 Weeks

iccii/ A	uuit 5	IICONS				
Class	Lvi	Day	Time	Loc	Instructor	Price
410	1.0	Mon	6:00-7:00 pm	BR	R. Bernhardt	\$49
312	1.0	Mon	6:30-8:00 pm	V	D.Gatsiounis	\$65
610	1.0	Tue	6:30-7:30 pm	Mc	E. Tawdy	\$49
032	1.0	Tue	8:00-9:00 pm	BH	T.Gugerty	\$49
801	1.0	Wed	6:00-7:00 pm	BH	M.Bennett	\$49
510	1.0	Wed	7:00-8:00 pm	0	C. Pumpuang	\$49
802	1.0	Wed	7:00-8:00 pm	BH	M.Bennett	\$49
701	1.0	Sun	8:00-9:00 am	BH	E.Saravia	\$49
350	1.5	Mon	8:00-9:30 pm	٧	D.Gatsiounis	\$65
615	1.5	Tue	7:30-8:30 pm	Мс	E. Tawdy	\$49
317	1.5	Sat	9:30-10:30 am	JB	TBD	\$49
702	1.5	Sun	9:00-10:00am	BH	E.Saravia	\$49
616	2.0	Tue	8:30-9:30 pm	Мс	E. Tawdy	\$49
375	2.0	Tue	6:30-8:00 pm	٧	D.Gatsiounis	\$65
035	2.0	Tue	7:00-8:00 pm	BH	T. Gugerty	\$49
033	2.0	Sat	9:00-10:00 am	V	T.Gugerty	\$49
421	2.0	Sat	9:00-10:00 am	JB	R. Bernhardt	\$49
760	2.0	Sun	10:00-11:00 am	BH	E. Saravia	\$49
420	2.5	Mon	7:00-8:00 pm	BR	R. Bernhardt	\$49
515	2.5	Mon	7:00-8:30 pm	0	C. Pumpuang	\$65
105	2.5	Wed	6:30-8:00 pm	V	T.Gugerty	\$65
721	2.5	Wed	9:00-10:30 am	Mc	E. Saravia	\$65
426	2.5	Wed	7:00-8:00 pm	JB	R. Bernhardt	\$49
045	2.5	Wed	8:00-9:30 pm	V	T.Gugerty	\$65
025	2.5	Thur	6:00-7:00 pm	BH	T.Gugerty	\$49
060	2.5	Fri	6:30-7:30 pm	0	T.Gugerty	\$49
319	2.5	Sat	10:30-11:30 am	JB	TBD	\$49
780	2.5	Sun	11:00am-12:00pm		E. Saravia	\$49
050	2.5	Sun	11:00am-12:00pm		T.Gugerty	\$49
055	3.0	Sun	12:00-1:00 pm	Mc	T.Gugerty	\$49
430	3.0	Mon	8:00-9:00 pm	BR	R. Bernhardt	\$49
725	3.0	Tue	9:00-10:30 am	Mc	E. Saravia	\$65
380	3.0	Tue	8:00-9:30 pm	V	D.Gatsiounis	\$65
516	3.0	Wed	8:00-9:30 pm	0	C. Pumpuang	\$65
620	3.0	Thur	8:00-9:30 pm	V	E. Tawdy	\$65
065	3.0	Fri	7:30-8:30 pm	0	T.Gugerty	\$49
431	3.0	Sat	8:00-9:00 am	JB	R. Bernhardt	\$49
			9:00-9:00 am			
735	3.5 3.5	Mon Mon		Mc	E. Saravia	\$65
517			8:30-10:00 pm	0	C. Pumpuang	\$65
560	3.5	Wed	9:00-10:30 am	BR	C. Pumpuang	
435	3.5	Wed	8:00-9:00 pm	JB	R. Bernhardt	\$49
170	3.5	Fri	7:00-8:30 pm	BH	TBD	\$65
545	4.0	Tue	7:30-9:30 pm	JB	C. Pumpuang	\$75
020	4.0	Thur	7:00-8:30 pm	BH	T.Gugerty	\$65
555	4.0	Thur	7:00-9:00 pm	BR	C. Pumpuang	\$75
731	4.5	Fri	9:00-10:30 am	Мс	E. Saravia	\$65

DeBell Golf Course and Learning Center



1500 Walnut Avenue (818) 845-0022 (Golf Course) 18-Hole Par 71 Regulation Golf Course Hours: Dawn to Dusk

Hours: Dawn to Dusk

21-Stall Night Lighted Driving Range Hours: 7:00 a.m. to 10:00 p.m.

GET GOLF READY

Give us 5 days and we'll give you fun for a lifetime.

If you have ever thought about playing golf, then Get Golf Ready is for you. Whether you are a beginner at golf or returning to the game, the Get Golf Ready Program is designed to teach you in five short lessons, everything you'll need to know to step onto a golf course and get out to play with confidence. Get Golf Ready will be taught by trained PGA and LPGA Professionals who will make sure you have fun each step of the way.

Classes are 5 weeks – Price: \$99 (Everything included: range balls, course fee & cart fee) Registration is available now at the De Bell Golf course, or online at www.debellgolf.com

Adult Class	Tuesday	5:00-6:30 p.m.	Starts 9/11
Ladies Class	Thursday	5:00-6:30 p.m.	Starts 9/13
A 1 11 01		F 00 0 00	01 1 40 10
Adult Class	Tuesday	5:00-6:30 p.m.	Starts 10/9
Ladies Class	Thursday	5:00-6:30 p.m.	Starts 10/11
Adult Class	Tuesday	5:00-6:30 p.m.	Starts 11/6
Ladies Class	Thursday	5:00-6:30 p.m.	Starts 11/8

BEGINNER YOUTH CLASSES

Classes are for 6 weeks, 1 class per week
Minimum 4 students / Maximum 8 students
Range balls are included for the 1st class only. Students will be
responsible for range balls for all remaining classes.

Classes begin the week of September 10

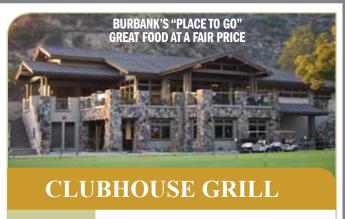
Registration is available now at the De Bell Golf course, or online at www.debellgolf.com

Golf 101 (ages 5-8 years)

2011 - 2 - 105	, , , , , , , , , , , , , , , , , , , ,		
Class #	Day	Time	Cost
500	Monday	4:00-5:00 p.m.	\$75
501	Wednesday	4:00-5:00 p.m.	\$75
502	Saturday	10:00-11:00 a.m.	\$75
504	Sunday	10:00-11:00 a.m.	\$75

Golf 101 (ages 9-12 years)

0011 TOT (05	oo o iii youroj		
Class#	Day	Time	Cost
600	Thursday	4:00-5:00 p.m.	\$75
601	Saturday	11:00 a.m12:00 p.m.	\$75
602	Sunday	10:00-11:00 a.m.	\$75



CLUBHOUSE GRILL 1500 WALNUT AVE BURBANK CA 91504 818-843-8666 michelelucero@ sbcglobal.net Come up and relax and enjoy the beautiful surroundings Open to the public

Valid Mon-Fri 6 a.m.-11:30 a.m.

Buy 1 breakfast entrée and 2 drinks, receive 2nd breakfast entrée of equal or lesser value free!

Dine in or on our patio over looking the greens of the golf course

Banquet facilities for breakfast, lunch, & dinner meetings Let us host your banquets or special events

Your hosts, Ray, Shelly & Michael Expires 10/31/12



Stough Canyon Nature Center

2300 Walnut Avenue, Burbank • (818) 238-5440



The Stough Canyon Nature Center, nestled in the Verdugo Mountains, has an exhibit hall with educational and interpretive displays, small library, classroom and outdoor amphitheater. The Center staff provides information on the local habitat and offers nature classes, drop-in hike, seasonal daycamps and field trip opportunities. It is available for birthday parties, meetings, seminars and room rentals.

HOURS OPEN TO THE PUBLIC (September - June)

1:30 p.m. - 5:00 p.m. Monday Tuesday - Saturday 9:00 a.m. - 5:00 p.m.

HOURS OPEN TO THE PUBLIC (July - August)

Monday - Saturday 9:00 a.m. - 5:00 p.m. Sunday 11:00 a.m. - 5:00 p.m.

Closed on City holidays.

Sunday 11:00 a.m. - 5:00 p.m.

fitness hikes

Get in shape on these docent-led fitness hikes in the Verdugos.

Meet at the Nature Center at 6:30 p.m.

TUESDAYS: Easy-Moderate Hikers

verdugo hills community hike and trail run

November 3

8:00 a.m.

\$5 per person early bird registration

Start from two different locations in the Verdugos Call (818) 238-5440 for more information

junior docents

For 8 - 14 year \$24 annual fee

Participate in hikes and nature activities. Learn about the wildlife in our mountains! Call (818) 238-5440 for more information

haunted adventure

October 19 & 20 · 7:00 - 9:00 p.m. \$5.00 per person **Meet at Stough Park**

The Burbank Docents present a very scary haunted house tour. An adult must accompany children under 12 years old. No one under the age of 6 year will be allowed on the tour. No refunds for scared participants.

VOLUNTEERS

Volunteers are needed to create the story and scenes, help with children's activities and act scary. Volunteers must be at least 14 years old. Planning meetings will begin in September.

Contact Nature Center at 818. 238.5440 for registration information

birthday party packades

Each package includes a 1 ½ hour program with a hike, crafts and scavenger hunt for 10 children (additional children - \$5 each).

> 3-HOUR PROGRAM - \$150 4-HOUR PROGRAM - \$175

Call (818) 238-5440 to reserve

Stough Canyon Nature Center Hikes and Activities



Activities are 1 to 1 ½ hours. Hike length and difficulty varies. Hikers should bring water and wear appropriate clothes and shoes. Meeting place for activities is at Stough Canyon Nature Center unless noted otherwise. Adults must accompany children under 10 years. Strollers not recommended for hikes. Rain cancels hikes.

MONTHLY HIKES AND ACTIVITIES Subject to change. Call to confirm.

2nd Sunday - 9:00 a.m. Bird Walk - Meets at Wildwood Canyon Find out about the birds in our mountains

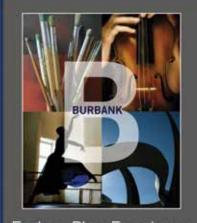
2nd Friday - 11:30 a.m. Little Explorers for 2 – 5 year olds and parent Help your child explore nature

3rd Saturday - 10:30 a.m. Verdugo Mountain Explorations Discover the Verdugos on these fun hikes

Last Saturday - 6:30 pm Saturday Night Alive! Call to confirm date. Includes hike & snacks.

Last Sunday - 11:30 a.m. Wild Creatures Walk Learn about the wild animals in our area

Call for Dates / Times / Location Full Moon Evening Hike



Explore. Plan. Experience.

WWW.BURBANKARTS.COM

AN ARTS DESTINATION

Destination Burbank Arts!

www.burbankarts.com

Join Now!

Already known as the Media Capital of the World, Burbank bursts onto the scene as a colorful, cultural arts destination for all ages! The goals are simple: to introduce and support cultural arts, provide quality art experiences, and offer exciting arts-friendly venues and businesses for every generation.

Burbank Arts is a vibrant, online destination for arts-related organizations to keep arts lovers and explorers aware of current cultural events and for businesses to promote related activities and services.

Burbank Cultural Arts Commission meets the 2nd Wednesday of every month at 9:00 am at the Community Services Building, Community Room 104, 150 N. Third Street, Burbank.

Creative Arts Center Gallery 1100 West Clark Avenue (818) 238-5397

The Creative Arts Center features monthly exhibits showcasing a variety of artists. Artists' receptions provide an opportunity to meet the artist(s). Each exhibit is approximately 3 weeks. Come and enjoy the fabulous shows the gallery has to offer.

Art Gallery Hours

Monday - Thursday	9:00 a.m 9:00 p.m.
Friday	9:00 a.m 7:00 p.m.
Saturday	Call for hours
Sunday	Closed



Upcoming Art Gallery Shows September 7 – 27, 2012 Claude Hulce - "A Retrospective" "In Memory of Betsy Lueke"

Claude Hulce, co-founder of the Creative Arts Center, will be exhibiting a retrospective of his work, in September. The exhibit will be dedicated to the memory of his co-founder, Betsy Lueke. The exhibit will feature an array of paintings and clay works from 1972, when the Center was established, to 2012. Please join us for this very special exhibit celebrating the amazingly creative work of our extremely talented friend, "Claude".

Opening Reception: Friday, September 7, 2012, 7:00 – 9:00 pm.



October 5 -25, 2012 Brand Associates 41st Annual National Juried Exhibition "Works on Paper: Memories"

The Brand 41, the 41st Annual National Juried Exhibition of "Works on Paper: Memories". The show will include works in various techniques and various styles, all on paper. There will be watercolors, prints, acrylics, oils, photographs, computer art, etc., as well as three-dimensional work. The juror selecting the works is Bonese Collins Turner, an artist, designer and educator. Opening Reception: Friday, October 5, 2012, 7:00 – 9:00 pm.



November 2 - 15, 2012 Burbank Art Association

The Burbank Art Association held its first member show in 1951 and has continued this tradition for 60 years. Participants are then eligible to win awards as the artwork is judged by a non-member art professional. This tradition of inclusion follows the purpose of the organization which is to stimulate and encourage creative expression and provide a showcase for members' talent. Opening Reception: Friday, November 2, 2012, 7:00 – 9:00 pm.

Fine Arts Federation

The Fine Arts Federation is a non-profit organization who support arts within the community and is a valued supporter of the Creative Arts Center. The Fine Arts Federation helps support the Annual Youth Art Expoheld in April, Art Experience Camp held every summer for 7 weeks, and art classes & workshops held at the Creative Arts Center.

Membership includes: announcements for monthly gallery shows mailed to your residence, opportunity to participate in the annual membership show held in March (dues paid by February 28), and the opportunity to participate in the annual holiday boutique (dues paid by July 31). Membership dues are \$25 for individual, \$20 for seniors (60+). Membership is good for one calendar year.

For more information call the Creative Arts Center (818) 238-5397

The Colony Theatre

555 N. Third St. Burbank, CA 91502 (818) 558-7000

The award-winning Colony Theatre Company is Burbank's premiere professional theatre. It was voted "Best Live Theatre in L.A." in the Daily News 2006 Readers' Choice poll, and has been named one of "25 Notable U.S. Theatre Companies" by Encyclopedia Britannica Almanac for 6 years in a row.

Grove Theater

Nestled in the George Izay Park in Central Burbank, Grove Theater Center's Burbank venue is an attractive, comfortable and intimate theater. This 98-seat state-of-the-art theater offers seats that are never more the 30 feet from the stage.. Since 2005, our plays have garnered: 9 LA Ovation Award Nominations, 8 LA Weekly Award Nominations and won the LA Ovation Award for the Best New Play and Best New Musical!

For more information please contact GTC Burbank; 1111-B W. Olive Ave.; Burbank, CA 91506. or visit the website at www.gtc.org



Annual Holiday Boutique

November 30 - December 13, 2012

Creative Arts Center Gallery 1100 West Clark Avenue (818) 238-5397

Please join us for our Holiday Boutique 2012. You will find a wonderful selection of pottery, paintings, photography, ornaments, decorations, clothing, scarves, jewelry, mosaics and more! Find that unique handmade gift you're looking for! Boutique items are created by students and instructors at the Creative Arts Center and members of the Fine Arts Federation.

Boutique hours are Monday-Thursday 9:00 a.m. – 8:00 p.m., Friday 9:00 a.m. – 7:00 p.m., Saturday 10:00 a.m. – 4:00 p.m., and Sunday 1:00 - 4:00 p.m.







GOOD NEWS BURBANK RESIDENTS! PROTECT YOUR PLUMBING AND EARN \$150!



HOW DOES SLURP WORK?

A sewer lateral is the part of your sewer system that runs from your house to the public sewer main, which is under the street, alley or easement behind your home. Most residents don't give it much thought until there are backup problems.

Due to the success of the program, we have INCREASED our rebate to \$150!

This program is designed to encourage residents to maintain their sewer lateral. The City will give the property owner a \$150 credit on sewer service charges for cleaning and video inspecting his/her sewer lateral. The proper maintenance of sewer laterals will help prevent sewer overflows – a benefit to everyone!



HOW DO I GET \$150?

Becoming eligible for a rebate is simple! Just follow these steps:

1. Hire a plumber to clean and video inspect your sewer lateral.

We recommend getting quotes from a few plumbers before making a final decision. You can review plumber evaluations completed by other Burbank residents on our website: BurbankUSA.com/SLURP. It is important that the plumber that you choose, cleans and video inspects your sewer lateral all the way to the connection with the public sewer main.

2. Bring in the plumber's receipt, the videotape (or DVD), and a completed rebate form to Public Works.

You can drop it off at our offices (150 N. Third St., Burbank, 91502) or mail it to us. You can download a copy of the rebate form on our website: BurbankUSA.com/SLURP.

3. Public Works will give you a \$150 credit on sewer service charges!

For more information contact Public Works at (818) 238-3915 or

Visit us online at BurbankUSA.com/SLURP.



My First Masterpiece | 12 weeks

This class encourages small muscle development, independence and lots of creativity. We paint, draw, tear and cut paper and create 3 dimensional art. We use lots and lots of glue. Note: We get messy, so please have your child/children wear a painting shirt to all classes. Note: a \$8.50 supply fee is due at the first class. Projects change each session.

Instructor: Lynne Roznowski Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0104.403	2-4 yrs	Wed	9:15-10:00am	Sept 12	\$68
0105.403	2-4yrs	Wed	12:45-1:30pm	Sept 12	\$68

Paint, Paint and More Paint | 12 weeks

This class has been designed to introduce your child to the wonderful world of imagination through paint. Your child will be using an assortment of tools that will help build their motor skills and open their minds to unlimited possibilities. Please bring a painting shirt to all classes. Note: A \$6.50 supply fee due at the first class.

Instructor: Lynne Roznowski Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0109.403	2-4 yrs	Wed	10:15-11:00am	Sept 12	\$68

Upper Case ABC's Through Art | 12 weeks

This fall we are going to work on our upper case letters. Your child will be using crayons, markers, cut outs of mixed media and lots and lots of glue. For 12 weeks we will be working on three letters per class. Cutting will be given to the parents every week for the following week's letters. Your child will love their artwork and will enjoy it for years to come. Note: A one-time \$12.00 supply fee is due to the instructor on the first day of class. Kids will receive a notebook to hold their letters.

Instructor: Lynne Roznowski **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0118.403	3-5 yrs	Wed	11:30am-12:30pm	Sept 12	\$73

dance

Ballet and Tap "Baby & Me" | 12 weeks

Introduce your child to the world of dance and get your exercise at the same time. You'll stretch, turn, and learn easy fun routines.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee			
0225.403	2-4 yrs	Tue	6:00-6:25pm	Sept 11	\$56			
Location: McCambridge Recreation Center								

Activity #	Ages	Day	Time	Start	Fee
0204.405	2-4 yrs	Sat	12:15-12:40pm	Sept 15	\$56

Bellydance Unity: Mother/Daughter

11 weeks **NEW**

Exercise while you enjoy a unique and creative bonding experience with your child. Bellydance is a celebration of feminine unity. It's for girls and women of all ages, shapes and sizes. You don't really have to show your belly to enjoy the benefits of this lovely art. Grandma and Granddaughter pairs are welcome, too.

Instructor: Zahra Zuhair **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0201.403	2-3 yrs	Mon	6:30-7:10pm	Sept 10	\$55

Creative Movement for Toddler and Me | 10 weeks

This class is a fun introduction to beginning ballet, rhythms/movement and tumbling skills. We provide age-appropriate music, fun props, and an action packed class! Children will benefit by building their memory, concentration, coordination, creativity and self confidence, all in a positive environment.

Instructor: Webby Dance® Company Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0201.404	1½-2½ yrs	Thu	5:00-5:30pm	Sept 10	\$88

My First Dance Class | 12 weeks

Enjoy the discovery and excitement of your child's first experience in the world of dance. Dancers learn basic steps during the warm ups so they can put simple combinations together. The same songs will be used every week to help the dancers learn by repetition, which helps them gain confidence. Note: Please wear tennis shoes. A \$5.00 music fee due at the first class.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0222.403	2-3 yrs	Mon	11:15-11:45am	Sept 10	\$55
0223.403	2-3 yrs	Tue	11:15-11:45am	Sept 11	\$55
0224.403	2-3 vrs	Thu	11:15-11:45am	Sept 13	\$55

fall recreation 2012 www.burbankusa.com

early childhood development

Adventures and Bedtime Stories | 9 weeks

Join us in making bedtime fun for children. Activities include singing, dancing, circle time and crafts. There is so much to do before the moon comes up! After all the fun is done, we read a story that is sure to get your little ones ready for bed.

Instructor: Recreation Staff **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
0301.410	2-4 yrs	Thu	6:30-7:15pm	Sept 13	\$32

Baby Signing Time | 4 weeks

Teach your baby to sign! Learn true American Sign Language signs from a certified Signing Time instructor using games and songs based on the award winning PBS series. Signing can promote bonding, encourage speech and eliminate frustration by helping babies communicate earlier and more clearly. Crawlers and early walkers should enroll in younger class.

Instructor: Christine Fitzgerald **Location:** Verdugo Recreation Center

Session 1: Food, Pets, Family, and Manners

Activity #	Ages	Day	Time	Start	Fee
0310.404	3-12 mos	Thu	10:00-10:45am	Sept 13	\$50
0311.404	1-3 yrs	Thu	11:00-11:45am	Sept 13	\$50
Session 1: I	Fruits and Ve	gies, Farm	, Let's Move and Op	posites	
0312.404	3-12 mos	Sat	10:00-10:45am	Sept 15	\$50
0313.404	1-3 yrs	Sat	11:00-11:45am	Sept 15	\$50

Session 2: Here I Go!, Playtime, Getting Dressed, Bed and Bath

Activity #	Ages	Day	Time	Start	Fee
0308.404	3-12 mos	Thu	10:00-10:45am	Oct 18	\$50
0309.404	1-3 yrs	Thu	11:00-11:45am	Oct 18	\$50
Session 2: I	Feelings, Outs	ide, Ocean	ı, Colors		
0314.404	3-12 mos	Sat	10:00-10:45am	Oct 20	\$50
0315.404	1-3 yrs	Sat	11:00-11:45am	Oct 20	\$50

Grime Partners | 4 weeks

This class is for parent and his/her best Grime Fighter! We will explore icky, sticky, ooey and gooey projects each week. Warning – you will get messy! While you and your child explore, you can talk with Parenting Coach, Jennifer Owen. This 35 minute class is a great way to jumpstart fun and creative time with you and your child. **Note:** A \$10 supply fee is due at the first class.

No class on September 25.

Instructor: Jennifer Owen

Location: Verdugo Recreation Center

 Activity #
 Ages
 Day
 Time
 Start
 Fee

 0330.404
 2-5 yrs
 Tue
 11:15-11:50am
 Sept 11
 \$28

 0333.404
 2-5 yrs
 Tue
 11:15-11:50am
 Oct 9
 \$28

Mommy and Me Play and Learn Class | 8 weeks

This fun parent and me class includes an art activity, a circle time with songs and finger play, a felt storyboard told by your child and parachute time. A parenting topic will be introduced each class and there will be class time to speak to Parenting Coach, Jennifer Owen. **Note:** A \$5 supply fee is due at the first class. No class on September 24.

Instructor: Jennifer Owen
Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0331.404	12 mo-2 yrs	Tue	9:15-10:00am	Sept 11	\$48
0332.404	1½-4 yrs	Tue	10:10-10:55am	Sept 11	\$48
0334.404	2 mo-1½ yrs	Wed	9:15-10:00am	Sept 12	\$48
0335.404	1½-5 yrs	Wed	10:50-11:35am	Sept 12	\$48
0336.404	2 mos-5 yrs	Wed	11:45-12:30am	Sept 12	\$48

Preschool Fun with Parents Too | 12 weeks

This multi-age class is great for those that have one or more children. Fun crafts, parachute, bubbles, and rug time which include toys, songs and a felt board to encourage your child to have fun while learning. Children also learn to take turns helping and interact with others. **Note:** A \$5.00 supply fee is due at the first class. Younger siblings are welcome if in a stroller or car seat.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0311.403	1½-3½ yrs	Mon	10:15-11:00am	Sept 10	\$64
0310.403	1½-3½ yrs	Tue	9:15-10:00am	Sept 11	\$64
0312.403	1½-3½ yrs	Tue	10:15-11:00am	Sept 11	\$64
0313.403	1½-3½ yrs	Thu	9:15-10:00am	Sept 13	\$64
0309.403	1½-3½ yrs	Thu	10:15-11:00am	Sept 13	\$64

Preschool Plus with Parents Too | 12 weeks

We will craft, sing, share, and have hands-on learning with the felt board. Children also create their own "All About Me" Preschool Book of Fun. Children learn to be helpers, interact with others and work alone, which helps bridge from this class to Tiny Tots. **Note:** A \$7.00 new student / \$5.00 returning student supply fee is due at the first class. Craft and felt board begin the 2nd week of the session.

Instructor: Teri Richardson Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0315.403	3-4 yrs	Fri	9:15-10:15am	Sept 14	\$69
0316.403	3-4 vrs	Fri	10:30-11:30am	Sept 14	\$69





Storyland Adventures | 8 weeks

This class is where stories come alive. We will read a story then make a craft or a snack relating to the story. There will be a circle time at the end of each class. All new stories this session! **Note:** A \$10 supply fee is due at the first class. No class the week of September 24

Instructor: Jennifer Owen

Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0328.404	2-5 yrs	Tue	12:05-12:40pm	Sept 11	\$48
0329.404	2-5 yrs	Wed	10:05-10:40am	Sept 12	\$48

Village Circle Time - Drum! Play! Love! | 10 weeks

A fun music circle that links movement, speech and active music making. Each class builds on a variety of age appropriate rhythmical/melodic activities that boost creativity and improve listening skills, muscle coordination and respectful group interaction. Class size limited to 10 parent/child partners for maximum benefit and enjoyment. **Note:** A \$5 activity fee is due at the first class.

Instructor: Beth Lewis
Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0321.403	9-15mos	Mon	9:15-10:00am	Sept 10	\$120
0322.403	1-2 yrs	Mon	10:15-11:00am	Sept 10	\$120
0323.403	2-3 yrs	Mon	11:15am-12:00pm	Sept 10	\$120
0324.403	9-15mos	Wed	9:15-10:00am	Sept 12	\$120
0325.403	1-2 yrs	Wed	10:15-11:00am	Sept 12	\$120
0326.403	2-5 yrs	Wed	11:15am-12:00pm	Sept 12	\$120

martial arts

Kinder Karate | 9 weeks

This preparatory program utilizes an age appropriate curriculum and our exclusive Kibukan system to focus on building coordination, confidence, memory and discipline, in a structured goal oriented environment. Students and parents participate in fun Karate games, challenging techniques and healthy exercise designed to build a strong foundation and essential life skills. **Note:** A \$55 start-up fee is due at the first class for new students. One parent must participate with student in every class.

Instructor: Masters In Motion

Location: McCambridge Recreation Center New Students/White-Brown Belt

Activity #	Ages	Day	Time	Start	Fee
0602.405	3-5 yrs	Tue	5:10-5:50pm	Sept 11	\$103
0601.405	3-5 yrs	Wed	5:10-5:50pm	Sept 12	\$103
0603.405	3-5 yrs	Thu	5:10-5:50pm	Sept 13	\$103

music

Early Childhood Music Class | 8 weeks

Children will be introduced to instruments, creative movement, singing, listening and rhythm. Children will learn songs including holiday, traditional, folk and multicultural. Reading of music will be introduced. This course will help develop awareness in music as well as enhance awareness in math and sciences at a later age.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Ages	Day	Time	Start	Fee
Up to 5 yrs	Wed	9:00-9:45am	Sept 12	\$105
2 -5 yrs	Wed	9:50-10:35am	Sept 12	\$105
1-2½ yrs	Sat	10:00-10:45am	Sept 15	\$105
Up to1½ yrs	Sat	10:50-11:35am	Sept 15	\$105
	Up to 5 yrs 2 -5 yrs 1-2½ yrs	Up to 5 yrs Wed 2 -5 yrs Wed 1-2½ yrs Sat	Up to 5 yrs Wed 9:00-9:45am 2 -5 yrs Wed 9:50-10:35am 1-2½ yrs Sat 10:00-10:45am	Up to 5 yrs Wed 9:00-9:45am Sept 12 2 -5 yrs Wed 9:50-10:35am Sept 12 1-2½ yrs Sat 10:00-10:45am Sept 15

Family Music Night! | 8 weeks

This early childhood music class will introduce children to instruments including orchestral instruments, creative movement, singing, listening and rhythm. This developmentally appropriate music program will enhance the student's awareness of music. Each week students will learn new songs including holiday, traditional, folk and multicultural. Fun for the whole family! **Note:** Price is per person.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0310.405	Up to 5 yrs	Thu	6:00-6:45pm	Sept 13	\$105



special interest

Hikes For Little Tykes | 6 weeks

Take this opportunity to enjoy the natural environment in the Verdugo Mountains. Hikes, nature crafts and new discoveries are all a part of this adventure. Note: Strollers are not recommended for trails. Some classes held at Wildwood Canyon Park. First class meets at Stough Canyon Nature Center. Non-resident fee does not apply to this class.

Location: Stough Canyon Nature Center

Instructor: Recreation Staff

Activity #	Ages	Day	Time	Start	Fee
0301.406	2-5 yrs	Sat	9:30-10:30am	Sept 15	\$19

sports / fitness

Baby Gym ∣ 8 weeks

This parent-child course is designed to promote the child's natural physical play. Parent and child interact in a developmental obstacle course that strengthens their muscles, balance and coordination. Together you have fun nurturing your parent/child bond, learning skills and exploring with new gymnastic friends.

Instructor: Ola Gilkey

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0401.403	1-2 yrs	Tue	9:15-10:00am	Sept 11	\$110
0402.403	1-2 yrs	Tue	10:00-10:45am	Sept 11	\$110
0403.403	1-2 yrs	Thu	10:00-10:45am	Sept 13	\$110

Toddler Gym | 8 weeks

This course allows the little gymnast to do what they like best; jumping, bouncing and rolling. Parents can have fun too or just watch them progress through the course. They also learn how to do new skills, improve their tricks and use equipment designed to free their fun.

Instructor: Ola Gilkey

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
0410.403	2-3 yrs	Tue	10:45-11:30am	Sept 11	\$110
0411.403	2-3 yrs	Tue	11:30am-12:15pm	Sept 11	\$110
0413.403	2-3 yrs	Thu	9:15-10:00am	Sept 13	\$110
0414.403	3-4 yrs	Thu	10:45-11:30am	Sept 13	\$110
0415.403	2-3 yrs	Thu	11:30am-12:15pm	Sept 13	\$110



art



Clay, Dough, Paint And More | 8 weeks

Come explore, experiment, and enjoy while bringing out the creativity of each child. **Note:** A non-refundable \$5 supply fee is included in the class price.

Instructor: Recreation Staff **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
1103.402	3½-5 yrs	Thu	1:00-1:45pm	Sept 13	\$47

Kids and Clay I 5 weeks

Introduce your preschooler to pottery. The very basics in hand building, pinch pot and slab methods are taught as they create interesting, fun projects. **Note:** A non-refundable \$5 supply fee is included in the class price.

Instructor: Jack Paul Miller **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
1101.402	4-5 yrs	Mon	3:00-3:45pm	Sept 10	\$39

Tots Play with Paint | 4 weeks

Dibble, dabble, splatter and spray paint your project any old way! Kids will love this fun and messy class as they create a new masterpiece for the family refrigerator each week! Dress for a mess!

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1144.404	3½-5 yrs	Fri	11:15am-12:00pm	Sept 14	\$20
1145.404	3½-5 vrs	Fri	11:15am-12:00pm	Oct 12	\$20

dance

Ballet and Tap, Preschool | 11 or 12 weeks

Two dance favorites in one class. Students learn simple steps and do easy ballet and tap routines in this energetic class.

Instructor: Sandra Aiena Dixon
Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1214.403	3-5 yrs	Tue	4:30-4:55pm	Sept 11	\$56
1215.403	3-5 yrs	Tue	5:00-5:25pm	Sept 11	\$56
1205.403	3-5 yrs	Wed	4:45-5:10pm	Sept 12 (11 wks)	\$51
1202.403	3-5 yrs	Thu	5:30-5:55pm	Sept 13	\$56
1201.403	3-5 yrs	Sat	10:00-10:25am	Sept 15	\$56

Ballet Dancerama for Boys and Girls | 9 weeks

A ballet class designed for ages 3½-6 years. Through fun ballet exercises we will work on the skills needed to gain coordination and confidence.

Instructor: Kristan Sauter **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1202.410	3½-6 yrs	Sat	12:00-12:45pm	Sept 15	\$54

Ballet for the Preschool Student | 9 weeks

Here's the chance to be a beautiful princess, and experience the joy and creativity of movement while learning basic ballet steps and terminology.

Instructor: Kristan Sauter

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1201.405	3½-5 yrs	Thu	2:30-3:10pm	Sept 13	\$40

Bellydance: Little Genie

11 weeks

Bellydance is creative, fun and great exercise. They'll learn basic steps and easy routines. No class on October 4.

Instructor: Zahra Zuhair Location: Olive Recreation Center

Activity #	1234.403
Ages	3-5 yrs
Day	Thu
Time	5:00-5:25pm
Start	Sept 13
Fee	\$46



Dancing To The Hits | 12 weeks

This class introduces Jazz and Pop/Hip Hop styles of dance while learning basic dance skills needed for higher levels of dance. We use different styles of music during the warm up to help dancers learn simple steps and combinations that help build their confidence. **Note:** Please bring water and wear tennis shoes. A \$5 music fee is due at the first class.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1208.403	4-5 yrs	Mon	12:00-12:30pm	Sept 10	\$55
1209.403	4-5 yrs	Tue	12:00-12:30pm	Sept 11	\$55
1210.403	4-5 yrs	Thu	12:00-12:30pm	Sept 13	\$55

Jazz and Ballet, Preschool | 11 weeks

A great combo class! Students learn lively jazz moves and easy routines to great music. They also learn the ballet basics that are required for all dance forms.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1239.403	3-5 yrs	Wed	5:15-5:40pm	Sept 12	\$51

Nursery Rhyme Dance Time | 12 weeks

Move to the music of your favorite nursery rhymes. It's a fun class filled with easy movements and simple activities designed to introduce you and your child to the joy of dance.

Instructor: Sandra Aiena Dixon

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1203.405	2-4 yrs	Sat	12:45-1:10pm	Sept 15	\$56

Preschool Creative Dance | 10 weeks

This class is a fun introduction to beginning tap, ballet, rhythm/movement and tumbling skills. We provide age appropriate music, fun props and an action-packed class! Children will benefit by building their memory, concentration, creativity, and self confidence all in a positive environment.

Instructor: Webby Dance Company **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1201.404	3-5 yrs	Thu	5:45-6:30pm	Sept 13	\$88

early childhood development



Heroes Fantasy Play Time | 4 weeks

In this class, kids will be able to be all the heroes they've always dreamed of being. Each week the class will transform into a new hero scenario; western, pirates, superheroes and community hero. Participants will be creating crafty costumes, tasty snacks, and participate in fantasy play.

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1306.404	3-5 yrs	Fri	10:15-11:00am	Oct 12	\$20

Kinder Concepts | 9 weeks

Enjoy games, crafts, and activities while reviewing basic kindergarten skills such as shapes, colors and numbers, plus reviewing concepts such as bigger/smaller, before/after, important community people and seasons! This recreation-based class will assist children in social and educational skills needed for kindergarten in a fun and playful way. Children must be entering kindergarten by August 2013.

Instructor: Recreation Staff

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1301.405	4-5 yrs	Fri	10:00-11:00am	Sept 14	\$27

Kinder Tots | 9 weeks

This recreational-based course is designed for the preschool age child entering kindergarten in August 2013. Emphasis is placed on learning and recognizing ABC's, shapes, colors and numbers. Activities include arts and crafts, exercise, sports and games, story time and share time. Children will receive snack and juice at each class. **Note:** A \$10 supply fee is due to the instructor at the first class.

Instructor: Recreation Staff **Location:** Olive Recreation Center

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	.0.00aiii-12.00piii	Sept 10	\$83
reation Co	enter		
ay T	ime	Start	Fee
И/W 1	0:00am-12:00pm	Sept 10	\$83
Center			
ay T	ime	Start	Fee
/Th 1	0:00am-12:00pm	Sept 11	\$83
	Pay T 1/W 1 Center Pay T	1/W 10:00am-12:00pm Center Day Time	Pay Time Start I/W 10:00am-12:00pm Sept 10 Center Start

Little Learners! | 6 weeks

Join the fun and see what preschool is all about. Your child will enjoy art activities, story time, music and movement, and the independence to help build good social skills. **Note:** A \$5 material fee is due to the instructor on the first class.

Instructor: Jennifer Reynoso **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1315.410	2¾-4½yrs	Mon	3:00-3:30pm	Sept 10	\$37
1316.410	2¾-4½yrs	Mon	3:30-4:00pm	Sept 10	\$37

Tiny Tots 19 weeks

A recreational-based program where crafts, games, and songs help introduce pre-schoolers to shapes, colors, numbers, the alphabet, and much more. Activities may include arts and crafts, dance and rhythms, sports and games, story time, circle time and other activities.

Instructor: Recreation Staff
Location: Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee				
1311.410	31/4-41/4 yrs	s M/W	10:00-11:30am	Sept 10	\$51				
Location: Mc	Location: McCambridge Recreation Center								
Activity #	Ages	Day	Time	Start	Fee				
1311.405	31/4-41/4 yrs	s T/Th	10:00-11:30am	Sept 12	\$51				
Location: Oliv	e Recreation	n Center							
Activity #	Ages	Day	Time	Start	Fee				
1319.403	31/4-41/4 yrs	s T/Th	10:00-11:30am	Sept 12	\$51				
Location: Verdugo Recreation Center									
Activity #	Ages	Dav	Time	Start	Fee				

Royalty Fantasy Play Time | 4 weeks

31/4-41/4 yrs M/W

Calling all royalty from far away lands! Come join us for this fun transformation, as each child will create majestic crafts, tasty snacks, and play in our fairytale world. Participants should wear their royalty attire or fairy costumes to last class for a tea party!

10:00-11:30am

Sept 10

\$51

Instructor: Recreation Staff Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1305.404	3-5 yrs	Fri	10:15-11:00am	Sept 14	\$20

music

1311.404

Piano, Beginning (Group Class) 18 weeks

Classes are offered with a foundation for Music Theory and basic concept of reading music. Each student is provided with their own keyboards to use which KMNM brings each week. This program is designed to be a progressive program and there are 4 levels to each series of books. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion
Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1510.405	4-6 yrs	Mon	3:30-4:15pm	Sept 10	\$125
1503.405	4-6 yrs	Sat	1:20-2:05pm	Sept 15	\$125

Multicultural Music | 8 weeks

This is an introduction for children to be introduced to instruments from all around the world. A variety of string, percussion, brass and woodwind instruments from all around the world are introduced and then children are allowed to try the instruments. This is an exciting hour of education of the world music for children of all ages.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2551.405	2-6 yrs	Thu	5:15-6:00pm	Sept 13	\$105
2552.405	2-6 yrs	Sat	12:30-1:15pm	Sept 15	\$105

Violin, Beginning | 8 weeks

In our fun and innovative group violin classes, children learn posture, rhythm, and bowing while building a concrete foundation for learning to read music. Basic techniques will be taught in this class as well as children being introduced to basic music theory. Note: Violins are required for each student. You may call Kids Music N' Motion for specifics at 310-373-0280. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1520.405	4-7 yrs	Wed	3:30-4:15pm	Sept 12	\$125
1521.405	4-7 yrs	Sat	11:40-12:25pm	Sept 15	\$125

special interest

Animal Adventures | 9 weeks

Go on an amazing animal adventure! Each week boys and girls will discover their favorite animals through fun and educational songs, books, games and crafts.

Instructor: Recreation Staff
Location: Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1607.410	3-5 yrs	Fri	10:30-11:30am	Sept 14	\$35

French Immersion Class | 10 weeks

Your child will learn a new language and have a blast in the process. Our dynamic classes incorporate music, games, storytelling and more to keep children immersed and engaged in the language. **Note:** A \$40 materials fee is due at the first class (includes workbook, flashcards, and a CD.

Instructor: Martha Duarte, Langokids **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1617.410	3-5 yrs	Mon	2:00-2:45pm	Sept 10	\$160

Mad Science- Little Lab of Mad Science! | 4 weeks

Discover a rainbow of colors that are hidden inside light and make your own rainbow. Discover how vibrations make sound and music and learn about energy to see how it gets things moving. **Note:** A \$20 materials fee is due at the first class meeting.

Instructor: Mad Science of Los Angeles **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1501.410	3-5 yrs	Mon	1:00-1:30pm	Sept 10	\$48

Mad Science- Pint-Sized Mad Science! | 4 weeks

Boldly travel through the solar system and sign up for Mad Science Astronaut in Training program. Learn about the world of worms and explore the world's most abundant animals, Bugs! **Note:** A \$20 materials fee is due at the first class meeting.

Instructor: Mad Science of Los Angeles **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1502.410	3-5 yrs	Mon	1:00-1:30pm	Oct 15	\$48

Mandarin Immersion Class | 10 weeks

Your child will learn a new language and have a blast in the process. Our dynamic classes incorporate music, games, storytelling and more to keep children immersed and engaged in the language. **Note:** A \$40 materials fee is due at the first class (includes workbook, flashcards, and a CD.

Instructor: Martha Duarte, Langokids **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1615.410	3-5 yrs	Thu	3:00-3:45pm	Sept 13	\$160

Singing and Stage Presence for The Little Ones

8 weeks

While learning how to sing and perform children develop listening, coordination, gross and fine motor skills, self-control, concentration skills and memory. Children learn more easily vocabulary, grammar and story form. **Note:** No class October 31.

Instructor: Andrea Vicich **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee		
1501.403	3-5 yrs	Tue	4:30-5:00pm	Sept 11	\$75		
1502.403	3-5 yrs	Tue	5:00-5:30pm	Sept 11	\$75		
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Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1501.405	3-5 yrs	Wed	4:30-5:00pm	Sept 12	\$75
1502.405	3-5 yrs	Wed	5:00-5:30pm	Sept 12	\$75

Spanish Immersion Class | 10 weeks

Your child will learn a new language and have a blast in the process. Our dynamic classes incorporate music, games, storytelling and more to keep children immersed and engaged in the language. **Note:** A \$40 materials fee is due at the first class (includes workbook, flashcards, and a CD.

Instructor: Martha Duarte, Langokids Location: Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
1616.410	3-5 yrs	Sat	10:00-10:45am	Sept 15	\$160

Storybook Cooking | 9 weeks

This class offers an integration of storytelling and simple recipe preparation. This is a delicious approach to literature appreciation for youngsters. **Note:** A \$10 supply fee is due to the instructor at the first class meeting.

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee					
1304.404	3½-5 yrs	Wed	1:30-2:30pm	Sept 12	\$32					
Location: Mo	Location: McCambridge Recreation Center									
Activity #	Ages	Day	Time	Start	Fee					
1310.405	3½-5 yrs	Fri	11:15am-12:15pm	Sept 14	\$32					

sports / fitness

Cheer! 19 weeks

This cheerleading program provides an atmosphere for all children to develop confidence, self-esteem and improved social skills. The class teaches basic cheers/chants, jumps, kicks and dance routines as well as increasing motor skills and flexibility. **Note:** A \$5 materials fee is due at the first class.

Instructor: Pacific Child & Family Assoc. **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1401.405	4-6 yrs	Sat	9:00-10:00am	Sept 15	\$69

Half Day Kids Camp 18 weeks

Boys and girls enjoy 3 hours of gymnastics, trampoline, crafts, snacks, fun and games in Fun & Fit Gymnastics air conditioned and fully padded facility. Participant must be toilet trained. Note: Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at Fun and Fit Gymnastics.

Instructor & Location: Fun and Fit Gymnastics (818) 845-0700 1919 W. Burbank Blvd., Burbank, CA 91506

Activity #	Ages	Day	Time	Start	Fee
1402.417	3-5 yrs	Fri	12:00-3:00pm	Sept 14	\$212

iPLAY All Sports Academy | 8 weeks

Get ready to play the right way, by having fun! Basketball, soccer, flag-football and more are practiced and played. Students will practice and play the world's most popular sports each week. Build self-confidence and a healthy lifestyle in a non-competitive sports environment. All skill levels welcome! **Note:** No class on October 31.

Instructor: ACE Enrichment

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1410.405	4-5 yrs	Wed	2:30-3:10pm	Sept 12	\$96

Kids Progressive Class | 8 weeks

Basic fundamental skills required to succeed in all sports are introduced for kids old enough to follow directions without their parents' assistance. Curriculum and PERSONAL BEST philosophy provides a safe and successful experience for all children, raising their self-esteem. Instructors help children learn movement skills on tumbling, trampoline, bars, beams and vaulting. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at Fun and Fit Gymnastics.

Instructor & Location:	Fun and Fit Gymnastics (818) 845-0700			
	1919 W. Burbank Blvd., Burbank, CA 91506			

Activity #	Ages	Day	Time	Start	Fee
1406.417	4-5 yrs	Tue	11:15am-12:00pm	Sept 11	\$92
1407.417	4-5 yrs	Tue	6:30-7:15pm	Sept 11	\$92
1408.417	4-5 yrs	Tue	7:30-8:15pm	Sept 11	\$92
1409.417	4-5 yrs	Thu	10:15-11:00am	Sept 13	\$92

Kinder Gym | 12 weeks

This class builds skills for the beginner with some training in gymnastics. This class is a transition class for independent tots. With structure we introduce an obstacle course challenging their skills. The attraction of bright colors, equipment, shapes and friends makes this a popular class. They're finding themselves and want to "show off" their gymnastics skills. We teach and develop their skills through repetition.

Instructor: Sheryll Donovan, USAG Safety Certified Instructor

Location: Olive Recreation Center

Level 1/2

Activity #	Ages	Day	Time	Start	Fee
1406.403	3-6 yrs	Wed	4:45-5:25pm	Sept 12	\$145
Level 2/3					
Activity #	Ages	Day	Time	Start	Fee
1407.403	4-6 yrs	Wed	5:30-6:10pm	Sept 12	\$145

Tot Sports and Games | 9 weeks

An introduction to sports skills and fun games in a safe, non-competitive environment. Emphasis is on having fun, teamwork, and good sportsmanship.

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1401.404	4-5 yrs	Thu	2:00-2:45pm	Sept 13	\$32

Transition Class | 8 weeks

This class allows your child who is accustom to our "child directed" Tumble Tots program to make the adjustment necessary to participate in the Kids Progressive program more comfortably and with the assistance of their parent. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at Fun and Fit Gymnastics.

Instructor & Location: Fun and Fit Gymnastics (818) 845-0700 1919 W. Burbank Blvd., Burbank, CA 91506

Activity #	Ages	Day	Time	Start	Fee
1410.417	3-3½ yrs	Tue	6:30-7:15pm	Sept 11	\$92

Tumble Tots Class | 8 weeks

Tumble Tots for children ages 12 months to 3 yrs. is child-directed and the classes have the entire Fun & Fit facility to enjoy tumbling, climbing, jumping, swinging, sliding, and many other developmental skills, while also learning social skills working with other children. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at Fun and Fit Gymnastics.

Instructor & Location: Fun and Fit Gymnastics (818) 845-0700 1919 W. Burbank Blvd., Burbank, CA 91506

Activity #	Ages	Day	Time	Start	Fee
1404.417	1-3 yrs	Tue	2:00-2:45pm	Sept 11	\$92
1403.417	1-3 yrs	Wed	2:15-3:00pm	Sept 12	\$92
1405.417	1-3 yrs	Fri	1:45-2:30pm	Sept 14	\$92

Tumbling | 9 weeks

This class is a fun introduction to beginning tumbling skills. Age appropriate music, tumbling mats, gym equipment and obstacle courses are provided. Children will benefit by building their flexibility, coordination, memory, concentration and confidence, all in a positive environment.

Instructor: Webby Dance Company **Location:** Verdugo Recreation Center

ACTIVITY #	Ages	Day	Time	Start	ree
1405.404	3-5 yrs	Thu	4:30-5:00pm	Sept 13	\$80



art



All Mixed Up | 6 weeks

Have fun exploring a variety of art mediums; clay sculpting, sketch drawing, painting, cartooning, and pastel chalk drawing. **Note:** A \$10 supply fee is due to the instructor the first class.

Instructor: Alan Huck

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2115.403	6 yrs & up	Tue	3:30-5:00pm	Sept 11	\$51

Cartooning For Kids | 6 weeks

Unleash your creativity and imagination through the fun of cartooning. Learn the basic methods of drawing and creating funny animals, goofy people and super heroes. **Note:** Materials list required.

Instructor: lan Huck

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2107.403	6 yrs & up	Tue	5:30-6:30pm	Sept 11	\$45

Cartooning In Clay | 6 weeks

Each week, kids will sculpt in clay and paint a different well-known cartoon character from animation, comics, etc. Instructor will not duplicate projects for repeat students. **Note:** A \$10 supply fee is due to the instructor the first class.

Instructor: Alan Huck

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2108.403	6 yrs & up	Mon	3:30-5:00pm	Sept 10	\$51

Comic Kids: Create a Comic Book | 8 weeks

Brainstorm, story board, pencil, ink, and color your own original comic book, including story and character development. This hands-on class will allow students to be creative artists as they develop their artistic ability, creative writing skills, and more. Students will receive a copy of their own printed comic!

Note: A \$20 material fee is due to the instructor the first class.

Instructor: ACE Enrichment

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2110.405	6 -11yrs	Mon	4:00-5:00pm	Sept 10	\$112
2111.405	6-11yrs	Tue	4:00-5:00pm	Sept 11	\$112

Drawing and Watercolor for Kids | 6 weeks

Using proven methods of contour drawing technique, we will draw from images and freely interpret them with color. Your child's drawing skill will amaze you. Very good confidence building process **Note:** Bring an 8-color watercolor set to class. A \$7 materials fee for pen and paper is due to the instructor at the first class.

Instructor: Margo Gravelle **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
2120.402	7-11 yrs	Thu	3:30-4:30pm	Oct 4	\$59

Family Fun At The Wheel | 6 weeks

Parent and child together will learn the fundamentals of pottery wheel throwing in this fun class. The basic techniques of throwing will be taught. Beginners and advanced welcome. **Note:** Basic pottery tool kit which can be purchased at any art store is required. A non-refundable \$5 supply fee per enrollee is included in the class fee. Both parent and child must register for class separately. Registration must be completed by mail or walk-in at the Creative Arts Center only.

Instructor: Michael Hirsh **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
2112.402*	7 yrs & up	Thu	3:45-5:00pm	Sept 13	\$54

*Not available for internet registration.

Handmade Paper Beads | 3 weeks

Trend setting paper bead jewelry is colorful, easy and inexpensive to make. You will learn to hand decorate recycled paper into wonderful ceramic look-alike paper beads. Great as friendship bracelets. **Note:** A material fee of \$7 is due to the instructor at the first class.

Instructor: Margo Gravelle **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
2123.402	10 vrs & up	Thu	3:30-5:00pm	Nov 15	\$40

Kids and Clay | 6 weeks

Students will learn to work with clay as they make functional and fun projects like pinch pots, planters and animals. All projects will be glazed and fired. **Note:** A non-refundable \$5 supply fee is included in the class fee.

Instructor: Jack Paul Miller

Location: Creative Arts Center Pottery Studio

Activity #	Ages	Day	Time	Start	Fee
2103.402	6-12 yrs	Tue	4:00-5:00pm	Sept 11	\$49

Master Artists For Kids | 6 weeks

In this fun painting class, kids will learn to paint in the styles of Master Artists such as Picasso, Van Gogh, Monet, and others. A great class for beginners. **Note:** A \$10 supply fee is due to the instructor the first class.

Instructor: Alan Huck

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2104.403	6 yrs & up	Wed	3:30-5:30pm	Sept 12	\$57

World of Mythical Creatures and Monsters | 6 weeks

Kids will have fun sculpting, drawing and painting centaurs, mermaids, dragon and much more. Note: A \$10 supply fee is due to the instructor the first class.

Instructor: Alan Huck Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2103.403	6 yrs & up	Thu	3:30-5:00pm	Sept 13	\$51

Youth Pottery Wheel | 6 weeks

Basic techniques of wheel throwing will be taught. Beginners and advanced potters are welcome. Basic pottery tool kit which can be purchased at any art store is required. Note: A non-refundable \$5 supply fee is included in the class fee. Parents may enroll in this class.

Instructor: Michael Hirsh Location: Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
2106.402*	11-14 yrs	Wed	3:45-5:00pm	Sept 12	\$54
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^{*}Not available for internet registration.

dance

Ballet for the Beginning Ballerina 19 weeks

Learn the basic ballet techniques and terminology, and enjoy the fun and creativity in your new expression of dance.

Instructor: Kristan Sauter

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1202.405	5-7 yrs	Thu	3:15-3:55pm	Sept 13	\$40

Ballet - Level 3 | 12 weeks

This class is for intermediate and advanced dancers. Pointe work is included with teacher's permission.

Instructor: Sandra Aiena Dixon Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee			
2208.403*	8-18 yrs	Fri	5:30-6:25pm	Sept 14	\$68			
*Instructor or	*Instructor approval required. Not available for internet registration							

^{*}Instructor approval required. Not available for internet registration.

Ballet for Boys and Girls | 12 weeks

Ballet is great exercise for the body and mind, and it is used as the foundation for other dance forms. Students will learn basic technique and easy routines in this energetic class.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
2219.403	5-7 yrs	Thu	6:00-6:40pm	Sept 13	\$68
Level 2					
Activity #	Ages	Day	Time	Start	Fee
2210.403	6-12 yrs	Sat	10:30-11:10am	Sept 15	\$68

Bellydance: Arabian Princess | 11 weeks

Introduce your child to the fun and creative world of belly dancing. Easy, age appropriate dance routines will be taught, as well as different dance styles: classical Egyptian and Cairo "street pop". Note: No class on October 4.

Instructor: Zahra Zuhair Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2250.403	6-11 yrs	Thu	5:30-6:15pm	Sept 13	\$58

Beyond Ballet Basics 19 weeks

Learn ballet techniques and terminology, basic bar work, stretching, placement, and movement. You will also gain the benefits of poise and self-confidence as you learn to dance. Ballet attire required.

Instructor: Kristan Sauter

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2202.405	8-14 yrs	Mon	3:30-4:15pm	Sept 10	\$40
2201.405	8-14 yrs	Thu	4:15-5:00pm	Sept 13	\$40

Dance Performance Workshop | 11 or 12 weeks

Level 1: Children learn basic technique and easy routines in four different styles of dance (Ballet, Tap, Jazz and Spanish). This class prepares children for the advanced level 2 class. Level 2: This class is designed to encourage versatility and develop performance skills. Children are trained in ballet, tap, jazz and Spanish dance in this year-round class that combines technique and choreography. This class is for experienced dancers only.

Instructor: Sandra Aiena Dixon Location: Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
2206.403	5-7 yrs	Wed	5:45-6:55pm	Sept 12 (11	wks) \$67
Level 2					

Activity #	Ages	Day	Time	Start	Fee
2205.403*	7-12 yrs	Fri	4:00-5:25pm	Sept 14	\$85

^{*}Instructor approval required. Not available for internet registration.

Hip Hop for Boys and Girls | 12 weeks

Level 1: Students will learn basic dance technique with hip hop style in this energetic class. They will stretch and turn, and do easy routines to kid friendly music. Level 2: The music's jammin', so get your heart pumpin' and your body jumpin'. You'll learn the latest hip hop moves in this high energy class.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
2201.403	5-8 yrs	Tue	5:30-5:55pm	Sept 11	\$56
Level 2					
Activity #	Ages	Day	Time	Start	Fee
2203.403	7-13 vrs	Tue	6:30-7:10pm	Sept 11	\$68

Hip Hop/Pop Dance and Jazz Dance | 12 weeks

These progressive dance classes build dance skills required for the higher levels of Hip Hop. You will learn basic dance moves, advanced Hip Hop moves, and basic/advanced technique across the floor. Focus is on flexibility, style and showmanship as well as fine tuning performance skills. **Note:** Level 2 dancers will also be learning a Jazz number. Please wear comfortable clothes. No jeans. Bring water. All students must have jazz/ballet shoes & tennis shoes and soft cloth knee pads for floor work.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
2216.403	8-18 yrs	Mon	4:05-4:55pm	Sept 10	\$80
Level 2*			-		
Activity #	Ages	Day	Time	Start	Fee
2218.403*	8-18 yrs	Mon	4:55-6:00pm	Sept 10	\$90

^{*}Instructor approval required. Not available for internet registration.

Jazz | 12 weeks

The focus is on jazz choreography. **Note:** This class has to be taken concurrently with one of Sandra Dixon's Ballet or Tap classes.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2202.403*	8-18 yrs	Fri	6:30-6:55pm	Sept 14	\$25

^{*}Instructor approval required. Not available for internet registration.

Performance Dance Ensemble | 10 weeks

Designed for the advanced dancer, that does more than one style of dance. The technique part focuses on advanced hip hop, jazz, ballet, and lyrical combinations which include kicks, jumps and turns needed for each style. The conditioning part focuses on flexibility, strength and endurance needed to improve performance skills. **Note:** You must have jazz/ballet shoes & tennis shoes and soft cloth knee pads for floor work. If you have current dance experience and would like to audition, please call the Creative Art Center and set up an audition time.

Instructor: Amanda "Green" Richardson Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2226.403*	10 yrs & up	Thu	3:30-5:30pm	Sept 13	\$94

^{*}Instructor approval required. Not available for internet registration.

Pre-Hip Hop/Pop Dance | 12 weeks

This class prepares the dancer for Hip Hop/Pop Dance while learning basic dance and hip hop moves. Our focus is flexibility; timing, ripples and pick- ups which help build confidence and skill. We warm up and dance to popular music making the experience even more fun. **Note:** Please bring water and no jeans. All students must have jazz/ballet shoes & tennis shoes.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
2214.403	5-7 yrs	Tue	2:30-3:15pm	Sept 11	\$74
Level 2	•			•	
	_	_			-
Activity #	Ages	Day	Time	Start	Fee
Activity # 2213.403*	Ages 5-7 yrs	Day Mon	3:20-4:05pm	Start Sept 10	\$74

afterschool daze

Fee-based supervision for elementary school-aged children Registration accepted based on space availability. \$120 paid monthly

The Burbank Park, Recreation and Community Services Department offers the Afterschool Daze program, an on-site supervised recreational program, for Burbank elementary school children. At Afterschool Daze, we provide a safe environment for children with activities that enhance the children's physical, social and cognitive development. We are also a participating member of the Peace Builders program. This recreational-based program includes elements such as art, crafts, sports, physical activities, fitness, games, science, nature, cooking, special events, homework help and other exciting activities! The program for the 2012/2013 school year will be offered every school day, Monday through Friday, at Edison, Emerson, Jefferson, Miller Elementary Schools, and at Olive Recreation Center (servicing **Disney** Elementary School) and Verdugo Park (servicing Roosevelt and Stevenson Elementary Schools). Burbank Park, Recreation and Community Services Department staff supervises the Afterschool Daze program. The staff is enthusiastic and strives to make Afterschool Daze an exemplary program. Inservice trainings and staff meetings are held throughout the school year. Afterschool staff is CPR and First Aid certified. Afterschool Daze offers supervision from regular dismissal time at your school (including early Tuesday dismissals) until 6:00pm. We do not have coverage available for "early birds" or early kindergarten release.

For more information, please call (818) 238-5378

DROP-IN Afterschool daze playgrounds

at McKinley and Providencia Elementary Schools

This drop-in Afterschool Daze program offers supervised activities for children at McKinley and Providencia Elementary Schools. Staff are on the playground from 2:30-5:00pm to provide activities for the school children. Activities include homework help, sports & games, crafts, special events, and many other fun activities! The program is free and operates each school day. (August 2012-May 2013)

Parents must register their children with Afterschool Daze staff before attending the program.

Staff will be at the playground from 2:30-5:00pm

during the school year.
THIS PROGRAM IS A DROP-IN PROGRAM.
PLEASE BE AWARE THAT THIS IS NOT CHILD CARE.
All aspects of this program are subject to change.
Call (818) 238-2378 to confirm.

Spanish Dance | 12 weeks

Expand your classical dance training to include Spanish Dance in the neoclassical style. Students must be currently enrolled in ballet or tap classes with Sandra Aiena-Dixon to qualify for this class.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2212.403*	8 yrs & up	Fri	7:45-8:15pm	Sept 14	\$25
del e e					

*Instructor approval required. Not available for internet registration.



Tap Dance - Level 3 | 12 weeks

This class is for intermediate and advanced dancers.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	2225.40)3*			
Ages	8 yrs & เ	ıp			
Day	Fri				
Time	7:00-7:4	10pm			
Start	Sept 14				
Fee	\$58				
*Instructor	approval	required.	Not	available	for

*Instructor approval required. Not available fo internet registration.

Tap for Boys and Girls | 12 weeks

Tap dancing is fun and great exercise. This class introduces the fundamentals. Students learn basic steps and easy routines. Make it a combo class by taking Ballet for Boys and Girls immediately preceding this class.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
2211.403	5-7 yrs	Thu	6:45-7:10pm	Sept 13	\$56
Level 2				-	
Activity #	Ages	Day	Time	Start	Fee
2215.403	6-12 yrs	Sat	11:15-11:40am	Sept 15	\$56

Theatrical Combination Dance | 10 weeks

This combination class focuses on beginning and advanced technique to strengthen each dancers theatrical dance skills. If you love to dance or need training for show choir, theater, or film, then this high energy class is for you. **Note:** Please wear comfortable clothes; bring jazz/ballet shoes and tennis shoes and soft cloth knee pads for floor work.

Instructor: Amanda "Green" Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2209.403	8 yrs & up	Tue	3:20-4:20pm	Sept 11	\$76

martial arts

Jr. Karate | 9 weeks

Empower kids to deal-with common threats including bullying, abduction and school violence. Our age appropriate curriculum and exclusive Kibukan® system offers the best mix of traditional structure, modern training and realistic self-defense. Students also learn important like skills including "stranger danger", focus, coordination, memory and discipline, giving them a healthy advantage in life. **Note:** A \$55 start-up fee is due at the first class for new students.

Instructor: Masters In Motion
Location: McCambridge Recreation Center

New Students & White Belts

Activity #	Ages	Day	Time	Start	Fee
2601.405	6-12 yrs	T/Th	6:00-6:45pm	Sept 11	\$191
Yellow- Blac	k Belts		-	-	
Activity #	Ages	Day	Time	Start	Fee
2602.405	6-12 yrs	T/Th	6:00-6:45pm	Sept 11	\$191

Jr. Karate Boot Camp | 4 weeks

Take advantage of this once-a-year opportunity to experience the entire Karate curriculum from white to black belt. Training covers kicking, punching, grappling, forms and self-defense. Whether you are an existing student that needs a review, wants a head start on what's next or a first time participant, this course is for you.

Note: A \$55 start-up fee is due at the first class for new students.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2614.405	6-12 yrs	T/Th	6:00-6:45pm	Nov 27	\$101

Jr. Karate Sport | 8 weeks

Explore the sporting application of Jr. Karate through competitive sparring. Students refine and apply their skills in a dynamic high energy atmosphere using protective gear in a safety conscious environment. Sparring also allows the student to develop and improve their control, distance, form, focus, eye intensity, awareness, reflexes, coordination, and timing. **Note:** Participation is contingent upon concurrent enrollment in Jr. Karate and instructor approval for first time enrollees.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2604.405	6-12 yrs	Mon	6:00-6:30pm	Sept 10	\$71

Jr. Kobudo 19 weeks

Explore the mystique of Karate weapons for fun, health, physical conditioning and self-defense. Powered by the exclusive Kibukan® system, our age appropriate curriculum promotes balance, muscle control, flexibility and focus. Various weapons also help condition specific muscle groups for developing a stronger body, peaceful attitude and sense of balance. **Note:** A \$55 start-up fee is due at the first class for new students. Must be minimum age of 8yrs old or Brown belt and up in Jr. Karate.

Instructor: Masters In Motion **Location:** McCambridge Recreation Center

6-12 yrs

2610.405

Activity # Ages Day Time Start Fee 2600.405 6-12 yrs Wed 6:00-6:45pm Sept 12 \$103 2605.405 10:00-10:45am \$103 6-12 yrs Sat Sept 15

Wed/Sat Varied

Sept 12

\$191

Jr. Kobudo Sport | 8 weeks

Explore the sporting application of weapons through competitive sparring. Students refine and apply their skills in a dynamic high energy atmosphere using protective gear in a safety conscious environment. Sparring also allows the student to develop and improve their control, distance, form, focus, eye intensity, awareness, reflexes, coordination, and timing. **Note:** Participation is contingent upon concurrent enrollment in Jr. Kobudo and instructor approval for first time enrollees. Required equipment is available for an additional cost.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2607.405	8-12 yrs	Mon	7:00-7:30pm	Sept 10	\$71

Jr. Masters Academy | 8 weeks

Maximize your time, training opportunity and cost savings with a comprehensive martial arts experience that includes all classes for Jr. Karate, Kobudo and their Sport extensions. Invest in your future and be part of history by training in arts passed down for centuries through our direct lineage. Additional Instructions: All requirements for individual programs apply.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2613.405	6-12 yrs	M,T,W,Th,Sat	Varied	Sept 10	\$349

music

Guitar (Group Class) | 8 weeks

Learn basic strumming and chords along with reading of music and learning the treble clef scale. Musical concepts that go along with the guitar instruction manuals which are age appropriate that the instructor in teaching. This program is designed to be a progressive program and there are 2 levels to each series of books. **Note:** Must have own guitar to participate in this class. A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion
Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2540.405	5-7 yrs	Sat	2:10-2:55pm	Sept 15	\$125
2554.405	8-11 yrs	Sat	3:00-3:45pm	Sept 15	\$125
2553.405	12 yrs & up	Sat	3:45-4:30pm	Sept 15	\$125

Guitar, Introductory | 8 weeks

Learn basics chords, scales and rhythm for rock, blues, country and pop. Play and perform with a class of students led by guitar player and instructor Tom Moese. Class is designed to nurture guitar skills, creativity and motivation, as well as general musical knowledge. Multi levels available. **Note:** Students must provide their own guitar.

Instructor: Tom Moese
Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2507.403	9 yrs & up	Mon	4:00-5:00pm	Sept 10	\$84
2508.403	9 yrs & up	Mon	5:00-6:00pm	Sept 10	\$84
2509.403	9 yrs & up	Mon	6:00-7:00pm	Sept 10	\$84

Musical Theater | 8 weeks

Students are taught basic theatre skills as well as vocal techniques and put them into practice in a small scale-musical play. A performance for family and friends will be held at the end of the session. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2557.405	5-12 yrs	Mon	6:00-6:45pm	Sept 10	\$125
2558.405	5-12 yrs	Sat	11:40am-12:25pm	Sept 15	\$125

Piano, Beginning (Group Class) | 8 weeks

Classes are offered with a foundation for Music Theory and basic concept of reading music. Each student is provided with their own keyboards to use which KMNM brings each week. This program is designed to be a progressive program and there are 4 levels to each series of books. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion
Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
1511.405	7-10 yrs	Mon	4:15-5:00pm	Sept 10	\$125
2547.405	7-12 yrs	Sat	3:00-3:45pm	Sept 15	\$125

Piano, Returning (Group Class) | 8 weeks

Classes are offered with a foundation for Music Theory and basic concept of reading music. Each student is provided with their own keyboards to use which KMNM brings each week. This program is designed to be a progressive program and there are 4 levels to each series of books. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2543.405	4-6 yrs	Sat	2:10-2:55pm	Sept 15	\$125

Rock Class | 8 weeks

Join our rocking teachers as we form our own rock band and practice towards a performance at the end of the session. Instead of playing rock band on your game machines, come learn the real thing! Students will be introduced to drumming, guitar, bass, vocals, and more! No music experience necessary. Instruments included. **Note:**A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2556.405	7-12 vrs	Sat	9:00-9:45am	Sept 15	\$125



Ukulele, Group 18 weeks

Learn basic strumming and chords along with reading of music and learning the treble clef scale. Classes are taught in a group setting in which each child must provide their own Ukulele, which may be purchased directly from KMNM of from an outside source. We explore musical concepts that go along with the Ukulele instruction manuals which are age appropriate for the age group that the instructor in teaching. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2900.405	5-7 yrs	Sat	10:00-10:45am	Sept 15	\$125
2901.405	8-12 yrs	Sat	10:50-11:35am	Sept 15	\$125

Violin, Beginning | 8 weeks

In our fun and innovative group violin classes, children learn posture, rhythm, and bowing while building a concrete foundation for learning to read music. Basic techniques will be taught in this class as well as children being introduced to basic music theory. **Note:** Violins are required for each student. You may call Kids Music N' Motion for specifics at 310-373-0280. A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2560.405	8-11 yrs	Wed	4:15-5:00pm	Sept 12	\$125
2562.405	8-11 yrs	Sat	12:30-1:15pm	Sept 15	\$125

Voice, Group 18 weeks

Group voice class with the theory that all children enjoy singing when given the right encouragement. All different types of music are sung in this interactive and hands-on class. Children will learn about breath control, head voice, matching pitch and phrasing. Music theory is also taught in this class. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2541.405	5-12 yrs	Mon	5:15-6:00pm	Sept 10	\$125
2561.405	5-12 yrs	Sat	9:00-9:45am	Sept 15	\$125





Acting for Film and Television | 8 weeks

With the emphasis on fun, students will learn basic acting skills developing confidence and self esteem required for a film or television audition. The class will consist of games, character development and scene study.

Instructor: Claire Jacobs

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2525.405	7-12 yrs	Thu	4:30-5:20pm	Sept 13	\$90

Afterschool Cooking | 9 weeks

Calling all young chefs! Whether you want to spice up your afternoon snacks or learn to cook an entire meal for your family, this class will focus on basic cooking essentials and kitchen safety. Each week the class will participate in cooking one recipe and then they'll get to eat their savory creations! **Note:** A \$10 supply fee is due to instructor at first class meeting.

Instructor: Recreation Staff

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2501.405	6-10 yrs	Mon	3:30-4:30pm	Sept 10	\$34
Location: Ver	rdugo Recreatio	n Center			
Activity #	Ages	Day	Time	Start	Fee
2501.404	6-10 yrs	Thu	3:30-4:30pm	Sept 13	\$34

Chess Club | 9 weeks

Does your child need a fun way to improve critical thinking? Chess is a great solution! From the beginner chess player to the advanced chess player this class will provide all the tactics and strategies needed to play a competitive chess game.

Instructor: Kevin Bulone **Location:** Verdugo Log Cabin

2508.405

8-15 yrs

Activity #	Ages	Day	Time	Start	Fee				
2507.404	5-12 yrs	Mon	5:00-6:00pm	Sept 10	\$30				
Location: Mo	Location: McCambridge Recreation Center (No class on October 31)								

6:30-7:30pm

\$30

Sept 12

Activity # Ages Day Time Start Fee 2507.405 6-14 yrs Wed 5:00-6:00pm Sept 12 \$30

Wed

Chess Club - Advanced Skills | 9 weeks

Good at chess but want to learn more advanced skills used in tournament play? In this class you will learn how to write down moves, use a chess clock, learn to analyze your game and other skills necessary to compete in the major chess tournaments. **Note:** Instructor approval required for this class. Instructor can access new students at first class.

Instructor: Kevin Bulone **Location:** Verdugo Log cabin

Activity #	Ages	Day	Time	Start	Fee
3403.404	8-15 yrs	Mon	6:10-7:10pm	Sept 10	\$30

Children's Theater Adventure | 6 weeks

A fun-filled adventure of theatre games, acting exercises and make believe, all while building skills in concentration, listening and cooperation. Taught by professional actors from the Ovation Winning Grove Theater Center. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at the Grove Theater.

Instructor & Location: Grove Theater Center

1111B Olive Avenue, Burbank CA 91506

Activity #	Ages	Day	Time	Start	Fee
2537,403	7-9 vrs	Sat	2:30-4:00pm	Sept 15	\$98

Chocolate Fever | 4 weeks

Chocolate lovers will be in heaven as we prepare yummy chocolate treats each week. Bring your sweet tooth! **Note:** A \$5 fee due at the first class.

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2503.404	6-10 yrs	Fri	3:30-4:30pm	Sept 14	\$20

Fall Treats & Gruesome Goodies | 4 weeks NEW

Have fun making fall treats and creating some gruesome Halloween goodies! There's no tricks to cooking up these treats! **Note:** A \$5 material fee due at the first class.

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2502.404	6-10 yrs	Fri	3:30-4:30pm	Oct 12	\$20

Fencing | 9 weeks

The sport of fencing is fun, challenging and a great work-out! Fencing is a great hobby. Learn this specific art form that will enable you to develop balance, discipline and self-esteem. **Note:** The uniform and equipment rental fee is \$35, payable at the first class.

Instructor & Location: Swords Fencing Studio

2115 N Glenoaks Blvd. Burbank CA

Activity #	Ages	Day	Time	Start	Fee
2503.416	8-14 yrs	Mon	5:30-6:30pm	Sept 10	\$112
2501.416	8-14 yrs	Fri	5:30-6:30pm	Sept 14	\$112
2502.416	8-14 yrs	Sat	12:30-1:30pm	Sept 15	\$112

Hand Sewing | 12 weeks

This class is for both beginning and intermediate students. Beginners will be learning the basic stitches. Intermediate students will move on to more advance stitchery. All students need to bring a sharp pair of sewing scissors. Mothers are always welcome to take the class along with their daughter or son. **Note:** A \$12.00 supply fee is due to the instructor at the first class for beginning students. Supply fee for intermediate students will vary according to project choice

Instructor: Lynne Roznowski **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2510.403	8 yrs & up	Wed	3:30-5:00pm	Sept 12	\$78

Hand Sewing Plus Machine | 9 weeks

This class is a continuation of class #2510.403. You will learn the basic fundamentals of your machine through your machine manual. The sewing machine must be in perfect running order and the machine manual must be brought to every class. Large sewing machines only, no small youth sewing machines. **Note:** Class can be taken for \$68, if concurrently enrolled in Hand Sewing #2510.403.

Instructor: Lynne Roznowski **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2501.403	8 yrs & up	Wed	5:15-6:45pm	Sept 12	\$78

Intro to Leadership and Public Speaking | 6 weeks

Learn to be a fearless public speaker! Our course helps students build confidence and communication skills. By using hands-on activities, students have fun learning about body language, critical thinking, and leadership skills. We focus on developing etiquette and life skills for students that will last a lifetime. The workshop style of the class provides one-on-one feedback from the instructor in a comfortable atmosphere. **Note:** A \$35 materials fee is due at the first class.

Instructor: Young Ambassadors **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2995.405	8-10 yrs	Tue	4:00-5:00pm	Sept 11	\$95
2996.405	11-13 yrs	Tue	5:00-6:00pm	Sept 11	\$95

Mad Science - It's All About the Science! | 6 weeks

Become a Scientist-in-Training in Mad Science this fall as we explore the farthest reaches of our Solar System and build a model space station. Then witness an underwater volcano, watch chemical reactions and discover the science behind famous magic tricks. It truly is ALL about the science this fall in Mad Science

Note:A \$38 materials fee is due at the first class. **Instructor:** Mad Science of Los Angeles

Location: McCambridge Recreation Center

Activity #	Ages	Day	I ime	Start	ree
2510.405	6-12 yrs	Thu	4:00-5:00pm	Sept 13	\$72



Open Sky - Busy Bee | 8 weeks

This class inspires children to discover the world of aviation through fun activities based on engineering, science, geometry, history, and the governance of past and future aviation. Participants will work together, learning through discovery, to build their own planes. **Note:**A \$25 materials fee is due to the instructor at the first class

Instructor: Noel Famatiga **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2506.404	6-12 yrs	Tue	3:00-4:30pm	Sept 11	\$75

Professor Egghead Engineering with LEGO | 8 weeks

Join the Egghead Engineering team as we build real-world structures and machines using principles of structural and mechanical engineering! Using LEGOs as our building materials, students move their way through challenges professional engineers face every day. Each week students face more advanced challenges to push the limits of creativity and ingenuity. New students welcome! No experience required. All materials provided.

Instructor: ACE Enrichment

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2115.405	5 -8 yrs	Fri	4:00-5:00pm	Sept 14	\$112

Singing and Stage Presence | 8 weeks

Learning to sing is a positive and exciting experience. Voice lessons are an important part of the singing profession. Through voice lessons, a singer learns how to breathe properly and find his or her own style of singing. **Note:** No class on October 31.

Instructor: Andrea Vicich **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2511.403	6-12 yrs	Tue	5:30-6:00pm	Sept 11	\$75
2513.403	6-12 yrs	Tue	6:00-6:30pm	Sept 11	\$75

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2520.405	6-12 yrs	Wed	5:30-6:00pm	Sept 12	\$75
2521.405	6-12 yrs	Wed	6:00-6:30pm	Sept 12	\$75

Spanish Immersion Class | 10 weeks

Your child will learn a new language and have a blast in the process. Our dynamic classes incorporate music, games, storytelling and more to keep children immersed and engaged in the language. **Note:** A \$40 materials fee is due at the first class (includes workbook, flashcards, and a CD).

Instructor: Martha Duarte, Langokids **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
2514.410	6-8 yrs	Sat	11:00-11:45am	Sept 15	\$160

Sport Trading Card Collectors Class | 4 weeks

Learn about the value and fun of collecting sports trading cards. Students will gain knowledge on how to trade, grade and protect their cards. Class will offer info on sports memorabilia, how to determine monetary values, and more. Possible class meetings at local sports memorabilia and trading card stores in Burbank. Some trading will be allowed with staff supervision.

Instructor: Recreation Staff **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2403.404	10-15 yrs	Tue	3:45-4:45pm	Oct 11	\$20

StarMakers Musical Workshop 1 9 weeks

Let's put on a show! Sing songs and dances from the musical theatre stage, taught by a veteran of the stage. We will train you to put your skills together the way they do on old Broadway. There will be a grand performance on the last class meeting with opportunities for solo work as well as group production numbers. A challenging fun loving experience.

Instructor: Kristan Sauter

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2206.405	7-15 yrs	Mon	4:15-5:15pm	Sept 10	\$70

Wizards Workshop | 8 weeks

We hereby invite you to attend our Magic Workshop. Learn highly effective magic tricks that will knock the socks off onlookers and create instant Merlins in the process! Participants take home all tricks and materials and classes are taught by real Magicians! **Note:** A \$20 materials fee is due at the first class.

Instructor: ACE Enrichment

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2114.405	6 -11vrs	Tue	5:00-6:00pm	Sept 11	\$112



sports / fitness



Basketball Development | 5 weeks

Basic instruction in basketball fundamentals that will help develop skills and game knowledge. Emphasis will be on having fun in game situations.

Instructor: Recreation Staff

Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2403.404	7-10 yrs	Thu	3:30-4:30pm	Oct 11	\$25

Boys & Girls Progressive Co-Ed Class | 8 weeks

NON-COMPETITIVE Introductory gymnastics at its best! Skills are taught following our specially designed curriculum and PERSONAL BEST philosophy which provides a safe and successful experience for all children, raising their self-esteem. Patient, kind and caring instructors help children learn gymnastics skills on tumbling, trampoline, bars, rings, beams and vaulting. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at Fun and Fit Gymnastics.

Instructor & Location: Fun and Fit Gymnastics (818) 845-0700 1919 W. Burbank Blvd., Burbank, CA 91506

Activity #	Ages	Day	Time	Start	Fee
2410.417	6-13 yrs	Tue	7:15-8:15pm	Sept 11	\$114

Football Fundamentals | 4 weeks

Learn and develop basic football skills that can be used in flag or tackle football. Drills, plays and techniques will be taught for both offense and defense. Are you ready for some football?

Instructor: Recreation Staff
Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2400.404	7-10 yrs	Thu	3:30-4:30pm	Sept 13	\$20

Gymnastics, Performance - Level 3 | 12 weeks

This class learns the upper levels for competitive gymnastics. Routines will be introduced and everyone will get a chance to perform.

Instructor: Sheryll Donovan **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee	
2404.403*	6-15 yrs	Wed	6:15-7:35pm	Sept 12	\$162	
41 1 1		LALL		2 1 12		

*Instructor approval required. Not available for internet registration.

burbank bmx/skate park



1625 North Valley Street

ANNUAL PASSES 1/2 Price NOW!

FEES:	RESIDENT / NON-RES	*ID CARD
Yearly:	\$25/ \$30	
Weekly:	\$8 /\$10	\$5
Daily:	\$3/\$5	\$5

*I.D. Card is a one-time fee.

Be on the lookout for Special Events in October!

BIKE AND SKATE SESSIONS WILL BE DESIGNATED

Monday - Thursday	4:00 - 7:00 pm
Friday	4:00 - 9:00 pm
Saturday	12:00 - 9:00 pm
Sunday	12:00 - 5:00 pm

All riders must be registered and have a parent-signed waiver on file to use at the park. Register at the Burbank BMX/Skate Park. Parent must be present when waiver is signed.

All riders are required to wear a helmet, elbow pads, and knee pads.

BMX BIKE/SKATE PARK RENTAL

Reserve the park for parties and other special occasions for a minimum of 2 hours. Call (818) 238-5300 for details.

SPECIAL THANKS TO OUR SUPPORTERS

Active, Boarders, Diamond, Kosher Skateboards NE1, Street Surfing, Synopsis Skateboards, Unofficial Celebrity, Young & Reckless, Val Surf, H+S Bikeshop, Burbank Bike Shop, Burbank Music Academy, Neighborhood School of Rock, UNoHo, Buddy's All Stars, and Montrose Bike Shop

iPLAY All Sports Academy | 8 weeks

Get ready to play the right way, by having fun! Basketball, soccer, flag-football and more are practiced and played. Students will practice and play the world's most popular sports each week. Build self-confidence and a healthy lifestyle in a non-competitive sports environment. All skill levels welcome! **Note:** No class on October 31.

Instructor: ACE Enrichment

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2410.405	6-8 yrs	Wed	3:20-4:20pm	Sept 12	\$96
2411.405	9-12 yrs	Wed	4:30-5:30pm	Sept 12	\$96

Pee Wee Sports And Games | 9 weeks

Skill development and fundamentals are emphasized in a fun class for the active young sports person. Teamwork and good sportsmanship are stressed. Five year olds must be currently enrolled in kindergarten.

Instructor: Recreation Staff Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
2402.404	5-7 yrs	Tue	2:45-3:30pm	Sept 11	\$34

Skateboarding for Beginners | 3 weeks

Been checking out all the skateboarders around town? Well now you can be a skater too. In this three week class, students will learn the basics of skateboarding, including; safety, stance, pushing, stopping and turning. This class is intended for beginners with little or no experience. All participants must be registered and have a parent signed waiver. Skaters must have a helmet, elbow pads and knee pads.

Instructor: Recreation Staff **Location:** Valley Skate Park

Activity #	Ages	Day	Time	Start	Fee
2410.404	6-8 yrs	Mon	3:30-4:30pm	Sept 10	\$25
2411.404	6-8 yrs	Mon	3:30-4:30pm	Oct 8	\$25
2415.404	6-8 yrs	Mon	3:30-4:30pm	Nov 26	\$25

Skateboarding for Advanced Beginners 13 weeks

Beginning skaters can build your skills to include jumps, ollies, rails and the bowl. Instructors will evaluate skills of each skater to ensure correct enrollment. All participants must be registered and have a parent signed waiver. Skaters must have a helmet, elbow pads and knee pads.

Instructor: Recreation Staff **Location:** Valley Skate Park

Activity #	Ages	Day	Time	Start	Fee
2412.404	7-10 yrs	Wed	3:30-4:30pm	Sept 12	\$25
2413.404	7-10 yrs	Wed	3:30-4:30pm	Oct 10	\$25
2414.404	7-10 yrs	Mon	3:30-4:30pm	Nov 28	\$25

yoga

Kundalini Yoga for Children | 9 weeks

The Teachings are based on the Radiant Child Yoga Program (RCYP). Studies show that yoga is an effective self-help therapy for ADD/ADHD, Autism, and general health and well-being of all children. This is a fantastic way to introduce your child to yoga games, songs, breath meditations, relaxing visualizations, and fun yoga.

Note: Please bring an exercise or yoga mat.

Instructor: Judsan Daal **Location:** Verdugo Log Cabin

Ages	Day	Time	Start	Fee
5-10 yrs	Mon	3:30-4:15pm	Sept 10	\$49
ve Recreation C	Center			
Ages	Day	Time	Start	Fee
5-10 yrs	Tue	3:30-4:15pm	Sept 11	\$49
	5-10 yrs ve Recreation C Ages	5-10 yrs Mon ve Recreation Center Ages Day	5-10 yrs Mon 3:30-4:15pm ve Recreation Center Ages Day Time	5-10 yrs Mon 3:30-4:15pm Sept 10 ve Recreation Center Ages Day Time Start

junior docents

Ages 8 to 14 Years \$24 annual fee

For the nature lover in your family!

Children wll learn about native plants and animals, ecological concepts and interpretive skills. Hikes and nature projects are included. Service learning hours available. Meets the 1st Saturday (9am - 10:30am) and the 3rd Sunday (3pm - 4:30pm) of each month.

Contact 818.238.5440 for registration information

home school nature adventure



For 6 - 12 Years and Parent

Second and fourth Tuesday of the month (January – May) 10:00 – 11:30 a.m. \$5 per child (\$4 per additional sibling)

STOUGH CANYON NATURE CENTER

Learn about the environment through hikes, crafts, projects and games!

Call 818.238.5440 for more information

art

Artistic Italian Tiles | 3 weeks

Create beautiful "old world" Spanish and Italian glazed tiles in the style of Majorca. Using some ancient designs and incorporating contemporary ones, your hand painted tiles will delight and surprise you. **Note:**Materials fee for tiles due to the instructor at the first class (\$5 -\$12 for tile, glaze, & fire fees).

Instructor: Margo Gravelle **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4102.402	13 yrs & up	Thu	9:30am-12:00pm	Sept 27	\$52

Basic Drawing | 7 weeks

This is the perfect "starter" class for the first time art student. Classes will include working with pencil, charcoal and chalk pastels. **Note:**Materials list required.

Instructor: Paulette Roussel **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4101.402	13 yrs & up	Tue	6:45-8:45pm	Sept 11	\$63

Beatlemani-ART | 8 weeks

Fans will love this Fab art class, creating original art inspired by the music, fashion, and images of The Beatles. Discuss lyrics and listen to a favorite song while drawing and painting watercolors. Johnathon Gallagher is an aficionado on The Beatles as well as an award winning multi-media artist.

Instructor: Johnathon Gallagher **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4139.402	15 yrs & up	Tue	3:30-5:30pm	Sept 11	\$56

Drawing Techniques | 7 weeks

Students will be introduced to different ways of drawing while utilizing multiple materials. Expect to explore various aspects of perspective drawing, composition, texture and value studies. Great for the beginning and intermediate artist. **Note:** Materials list required.

Instructor: Jack Paul Miller **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4109.402	18 yrs & up	Tue	1:00-3:00pm	Sept 11	\$55

Hand Spinning | 9 weeks

Learn to spin your own yarn using a hand spindle or spinning wheel. Learn to prepare fiber for spinning and how to ply the yarn for use in knitting, crochet or weaving. Equipment provided or bring your own. For all levels. **Note:**Supply fee of \$15 is due to the instructor at the first class.

Instructor: Anna Zinsmeister

Location: Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4142.402	13 yrs & up	Wed	6:00-9:00pm	Sept 12	\$92

jewelry making

Jewelry Making Basics

7 weeks

Create jewelry you'll want to wear! You will learn the skills to make necklaces, bracelets and earrings with beads of your choice and color using proper jewelry tools. Note: Materials will cost approximately \$70. Materials list required.

Instructor: Paulette Roussel **Location:** Creative Arts Center

Activity#	4122.402
Ages	13 yrs & up
Day	Mon
Time	1:00-3:00pm
Start	Sept 10
Fee	\$65

Activity#	4124.402
Ages	13 yrs & up
Day	Thu
Time	6:45-8:45pm
Start	Sept 13
Foo	\$65

Activity#	4125.402
Ages	13 yrs & up
Day	Fri
Time	3:30-5:30pm
Start	Sept 14
Fee	\$65



Holiday Décor-3 Projects

12 weeks

First 5 weeks will be a comical paper clay MUMMY head to sit upon a tall wrapped wire body. Second 5 weeks will be a paper clay Snowball Princess (head on a pre sewn cloth body sitting in a constructed shadow box). Last 2 weeks will be building a gingerbread house and decorating with lots of candy. **Note:** A one-time supply fee, for all 3 projects of \$50 will be due to the instructor on the

first day of class. Students need to provide some fabric for the Snowball Princess and candy for their Gingerbread House.

Instructor: Lynne Roznowski Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4101.403	18 yrs & up	Wed	7:15-8:45pm	Sept 12	\$80

Live Model Workshop | 8 weeks

This workshop is designed for those who can paint and/or draw independently, without instruction, using any media. Registration includes model fee. Class minimum registration of 8 students must be reached by January 4. Registration is now being accepted. Checks for this class must be made out to: Fine Arts Federation. **Note:** Walk-in registration is accepted at the Creative Arts Center only. **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4143.402*	18 yrs & up	Wed	9:30am-12:30pm	Sept 12	\$70
*Not available for internet registration.					

Mixed-Media Collage | 6 weeks

Experience the fundamentals of collage as a visual language. The focus is on personal expression with both representational and abstract styles considered. You will be encouraged to experiment and develop your own personal style. **Note:** Materials list required.

Instructor: Lois Ramirez **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4106.402	18 yrs & up	Wed	1:00-3:00pm	Sept 12	\$75

Painting, Acrylics | 6 weeks

All levels of experience are welcome. Students will learn how to paint realistically from life and photos, while using eco-friendly acrylics, with results mirroring oil paint. Each class consists of a painting demonstration followed by one-on-one instruction. **Note:** Materials list required.

Instructor: Christina Ramos **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4134.402	13 yrs & up	Fri	10:00am-12:00pm	Sept 14	\$73

Painting, Introduction to | 6 weeks

Whether this is your first opportunity to explore the world of art or you are already into it and need some guidance and direction, this class is for you. Acrylics or oils are welcome. Supplies will be discussed at first class. **Note:** Please bring newsprint pad and a \$2.50 material fee for a "Pentel" pen to first class.

Instructor: Margo Gravelle **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4108.402	13 yrs & up	Thu	9:30-11:30am	Oct 18	\$72

Painting, Oil | 8 weeks

Brush up on your skills and make your paintings come alive with the help of a professional painter. Scenic Artist Johnathon Gallagher offers first hand advice on the secret success in basic oil painting techniques. Class covers priming, composition, color blending, texture painting and glazing. **Note:** Materials list required.

Instructor: Johnathon Gallagher **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4138.402	15 yrs & up	Fri	1:00-3:00pm	Sept 14	\$56

Painting, Watercolor Impressions | 8 weeks

Basics of how to start a watercolor are covered, with emphasis on materials, glazes and washes, mixing and choosing color, composition and design, and surface techniques. Still life set-ups and working from landscapes will be explored. **Note**: Materials list required. A \$10 supply fee is due to the instructor at the first class meeting.

Instructor: Valia Hristova **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4129.402	13 yrs & up	Mon	6:00-8:00pm	Sept 10	\$80

Painting, Watercolor Int/Adv | 9 weeks

Explore the variety of experimental techniques with water base paints. A still life project will be available each week. Students may work on their drawing as well. A critique will be given each week on class or individual projects.

Instructor: Pam McDonald **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4110.402	18 yrs & up	Mon	9:30-11:30am	Sept 10	\$81



Pottery | 9 weeks

Level 1 - Beginning: Students will learn various methods of hand construction with high fire stoneware clay. Pinch, slab and coil techniques and introduction to glazing will be covered. No pottery wheel instruction in the Level 1 class. **Level 2 - Intermediate/Advanced:** Classes will include individual instruction in the techniques of wheel throwing, hand building and glazing. Students will expand upon their knowledge of what was learned in Level 1 classes. Beginning Pottery (Level 1) is a pre-requisite for Intermediate/Advanced (Level 2).

Location: Creative Arts Center

Instructor: Maria F. Santistevan Level 1

Activity #	Ages	Day	Time	Start	Fee
4116.402*	18 yrs & up	Thu	1:00-3:00pm	Sept 13	\$48
	ole for Internet	U			
Instructor: J	lack Paul Mille	er Level s	s 1 & 2		
Activity #	Ages	Day	Time	Start	Fee
4114.402	18 yrs & up	Mon	7:00-9:00pm	Sept 10	\$48
4115.402	18 yrs & up	Tue	6:00-9:00pm	Sept 11	\$70
Instructor:	Debbie Henso	n Level	2		
Activity #	Ages	Day	Time	Start	Fee
4111.402	13 yrs & up	Mon	12:30 - 2:30pm	Sept 10	\$48
4117.402	18 yrs & up	Tue	1:00-3:00pm	Sept 11	\$48
Instructor:	Judy Springboi	rn Level	2		
Activity #	Ages	Day	Time	Start	Fee
4112.402	18 yrs & up	Wed	7:00-9:00pm	Sept 12	\$48
Instructor: \	Veronica Ferra	ntelli Le	evel 2		
Activity #	Ages	Day	Time	Start	Fee
4118.402	13 yrs & up	Thu	6:00-9:00pm	Sept 13	\$70
Instructor:	Barbara Rog L	evel 2			
Activity #	Ages	Day	Time	Start	Fee
4440 400*	18 yrs & up	Tue	9:30-11:30am	Sept 11	\$48
4119.402*	10 Jio a ap				
4119.402*	- ,	Wed	9:30-11:30am	Sept 12	\$48
4120.402*	- /		9:30-11:30am 9:30-11:30am	Sept 12 Sept 13	\$48 \$48

Pottery, Extruded Ceramics | 9 weeks

Projects are designed to familiarize you with this fascinating machine and stimulate your creativity while producing a variety of hand-built pottery. **Note:**A non-refundable supply fee of \$10 is included in class fee. Glaze and firing fee apply.

Instructor: Jack Paul Miller **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4127.402	18 yrs & up	Mon	4:00-6:00pm	Sept 10	\$58

Pottery, Friday Night At The Pottery Studio | 9 weeks

This class is designed for beginning through advanced pottery students. Beginners will learn the basics in pottery making, while intermediate/advanced students may work on their own projects with technical assistance from the instructor, if desired. **Note:** Materials list required for beginning students.

Instructor: Michael Hirsh **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4132.402	13 yrs & up	Fri	4:00-7:00pm	Sept 14	\$70

Pottery, Wheel and Glaze | 9 weeks

Learn how to throw, trim and glaze in this comprehensive class. This class is designed to help the beginner through advanced student improve and develop their pottery skills. Basic and advanced glazing techniques will be taught. Hand builders are also welcome. **Note:** Materials list required for beginning students.

Instructor: Michael Hirsh **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4123.402	15 yrs & up	Wed	1:00-3:00pm	Sept 12	\$48

Precious Metal Clay (PMC) - Level 1 | 3 weeks

In 3 separate sessions you will learn various techniques of working with either bronze or silver metal clay. Projects will address forming techniques, mold making, and pre-firing refining. Be prepared to purchase PMC3 metal clay (25 gm about \$63) or original Bronzclay (100 gm about \$25) from the instructor at the first class. **Note:** All tools are supplied, but do bring buttons, stamps, and sources of texture (shells, leaves, etc.) and a sketch book. A \$10 firing fee is due to the instructor at the first class meeting.

Instructor: Joan Gamberg **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4131.402	13 vrs & up	Sat	9:30am-12:00pm	Sept 15	\$78

Precious Metal Clay (PMC) - Level 2 | 3 weeks

This is a class for continuing students to address specific projects of their choosing, including ring and bead making, variations on bezels and bails, carving and mold forming, and combining materials by torch firing. Be prepared to purchase PMC3 metal clay (25 gm about \$63) or original Bronzclay (100 gm about \$25) from the instructor at the first class. **Note:** All tools are supplied, but do bring buttons, stamps, and sources of texture (shells, leaves, etc.) and a sketch book. A \$10 firing fee is due to the instructor at the first class meeting.

Instructor: Joan Gamberg **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4133.402	13 yrs & up	Thu	6:30pm-9:30pm	Oct 4	\$78

Weaving | 9 weeks

Learn the techniques of inkle, rigid heddle two-shaft, or four-shaft weaving. Try them all, then choose your favorite and make projects including scarves, placemats, bags, camera straps, and belts. **Note:** Supply fee of \$10 is due to the instructor at the first class.

Instructor: Anna Zinsmeister **Location:** Creative Arts Center

Activity #	Ages	Day	Time	Start	Fee
4144.402	13 yrs & up	Wed	6:00-9:00pm	Sept 12	\$92

dance



Ballet | 11 or 12 weeks

Classical ballet improves concentration, flexibility, endurance and is used as a foundation for other dance forms. The fundamentals of classical ballet technique are introduced and developed in this class which includes barre, floor stretch, and center work. Barre work will start at the introductory level and progress in difficulty over the session.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4200.403	12 yrs & up	Wed	7:00-7:40pm	Sept 12	\$58
4202.403	12 yrs & up	Thu	7:15-7:55pm	Sept 13 (12 wks)\$63	

Bellydance | 10 weeks

Level 1: is a basic introduction to Bellydance for persons with no prior experience or for those who would like to polish their basics. **Level 2:** Intermediate students practice expanding on basic form, developing style and learning routines. Recommended: Mastery of basic step patterns and movement, at least one session of Level 1 or equivalent. **Level 3:** is a faster paced performance and choreography class for experienced students, with focus on concentrated practice for the Spring Fling performance. No class on October 4.

Instructor: Zahra Zuhair **Location:** Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
4211.403	12 yrs & up	Mon	7:15-8:05pm	Sept 10	\$66
Level 2					
Activity #	Ages	Day	Time	Start	Fee
4212.403	12 yrs & up	Thu	6:30-7:20pm	Sept 13	\$66
Level 3					
Activity #	Ages	Day	Time	Start	Fee
4213.403*	12 yrs & up	Thu	7:30-8:30pm	Sept 13	\$69
*Instructor a	approval requi	red. No	ot available for Inte	rnet registration.	

Cha Cha Cha | 9 weeks

Cha Cha is the easy to learn Latin dance that will spice up the dance floor. We'll cover both solo and partner steps, but no partner is needed. We'll have

fun dancing to a great variety of music!

Instructor: Nicole Inman & Orlando Delgado
Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4210.405	13 yrs & up	Tue	6:15-7:15pm	Sept 11	\$81

Country Line Dance | 8 weeks

Line dancing can motivate your mind, add fun to your life, and help you lose weight the easy way. New Dancers are always welcome to this easy going dance class. All dance patterns will be explained so that you can have fun without getting all sweaty!

Instructor: Ron Black

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4260.405	18 yrs & up	Fri	7:00-9:00pm	Sept 14	\$26

Cumbia Dance | 6 weeks

Cumbia is one of the most popular dance styles in Latin America. The steps are simple and the music beautiful. We'll cover both solo and partner steps, but no partner is needed in this fun class.

Instructor: Bodygroove, Nicole Inman **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4211.405	13 yrs & up	Thu	8:15-9:15pm	Sept 13	\$56

East Coast Swing/Night Club 2-Step/ Waltz | 9 weeks

Learn new steps with "showcase" flare to choreographed routines. Partners are

not required. Note: Smooth soled shoes only, no athletic shoes.

Instructor: Rikki Barton **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4222.403	13 yrs & up	Wed	8:00-9:00pm	Sept 12	\$58

Hip Hop Dance | 12 weeks

This high energy Hip Hop class that has you dancing to clean Hip Hop songs and artists that inspires you to dance. The class will break down a variety of Hip Hop styles with fresh and upbeat choreography. All levels of dancers are welcome.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4208.403	16 yrs & up	Tue	12:30-1:30pm	Sept 11	\$70
4221.403*	16 yrs & up	Thu	8:15-9:15pm	Sept 13	\$70

*Class #4221.403 (Thursday) can be taken for \$62, if concurrently enrolled in class #4220.403 (Tuesday Jazz). Not available for internet registration.

Hula | 11 weeks

Learn the graceful, expressive art of Hula. Level 1 & 2 (combo): Beginner and Intermediate students practice basic Hula step patterns, traditional style and form and learn several Hula's at a variety of dance levels. Level 3: In this faster-paced class, experienced students can increase their repertoire, develop their style and practice performance routines. Recommended: Students should master basic Hula step patterns and attend 3 or more sessions of Hula Level 1 and 2 (or equivalent) before considering level 3. No class on September 17.

Instructor: Shari Ward
Location: Olive Recreation Center

Level 1 & 2 (combo)

Activity #	Ages	Day	Time	Start	Fee
4214.403	13 yrs & up	Mon	6:30-7:30pm	Sept 10	\$66
Level 3				·	
Activity #	Ages	Day	Time	Start	Fee
4215.403	13 yrs & up	Mon	7:30-9:00pm	Sept 10	\$99

Jazz | 11 weeks

The focus is on jazz choreography. This class has to be taken concurrently with one of Sandra Dixon's Ballet or Tap classes.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4219.403*	12 yrs & up	Wed	7:45-8:10pm	Sept 12	\$25

*Instructor approval required. Not available for Internet registration.

Jazz Dance | 12 weeks

Jazz, Jazz and more Jazz...theatrical, contemporary and old school jazz. We do it all. Class includes stretching, a high energy warm up, and technique across the floor and Jazz choreography that will be put into a fun routine. **Note:** Please wear appropriate dance clothes. Jazz shoes are needed.

Instructor: Teri Richardson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee				
4220.403	16 yrs & up	Tue	8:30-9:30pm	Sept 11	\$70				
4209.403*	16 yrs & up	Thu	12:30-1:30pm	Sept 13	\$70				
*Class #4209.403 (Thursday) can be taken for \$62, if concurrently enrolled									
in class #4208.403 (Tuesday Hip Hop). Not available for internet registration.									

Rumba/Tango/Bolero | 9 weeks

Learn new steps with "showcase" flare to choreographed routines. Partners are not required. Smooth soled shoes only, no athletic shoes.

Instructor: Rikki Barton **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4218.403	13 yrs & up	Wed	7:00-8:00pm	Sept 12	\$58

Salsa - Level 1 | 9 weeks

This beginner class will show you the basic steps and hip movements to this fun and exciting dance – no experience or partner necessary. Get ready to move and groove to great Latin music. Be forewarned: Salsa dancing is addictive!

Instructors: Bodygroove, Nicole Inman, Orlando Delgado

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4201.405	13 yrs & up	Tue	7:15-8:15pm	Sept 11	\$81

Salsa - Level 2 | 9 weeks

Learn more HOT Salsa steps - L.A. Style! Freestyle and partner steps will be covered and as always, you'll get to dance to some incredible Latin music. Optional trip to a real salsa club near the conclusion of class. Pre-requisite: Salsa, Level 1.

Instructors: Bodygroove, Nicole Inman, Orlando Delgado

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4202.405	13 yrs & up	Tue	8:15-9:15pm	Sept 11	\$81

Tap Dance - Level 1 | 12 weeks

Tap dancers make music with their feet. The basics are introduced and developed in this class that starts with shuffles and flaps and progresses to combinations and routines. It's great physical and mental exercise. Beginners and experienced dancers are welcome.

Instructor: Sandra Aiena Dixon **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4206.403	13 yrs & up	Sat	9:30-9:55am	Sept 15	\$56

martial arts



Danzan Jujitsu | 12 weeks

Danzan Jujitsu is a Pacific Asian system of personal combat that utilizes escapes, throws, joint locks, kicking/striking, grappling submissions and weapon techniques. Dojo classes are year round and students may advance through black belt. Students under 16 years of age are encouraged to bring a partner. Sensei Kimo Williams also teaches traditional Danzan healing arts.

Note: There is a \$35 association fee.

Instructor: Kimo Williams

Location: Verdugo Lower Assembly Building

Activity #	Ages	Day	Time	Start	Fee
4601.404	15 yrs & up	T/Th	7:00-9:00pm	Sept 11	\$137
4604.404	15 yrs & up	Wed	7:00-9:00pm	Sept 12	\$ 92

Karate | 9 weeks

Adopt a healthy lifestyle while acquiring proven self defense skills. This art form has been successfully used for centuries for protection and promoting personal health and wellness. Our comprehensive curriculum and exclusive Kibukan® system offers the best mix of traditional structure, modern training focusing on fluidity, continuous movement, blending and redirection. **Note:** A \$55 start-up fee is due at the first class for new students.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4603.405	13 yrs & up	Tue	7:00-8:00pm	Sept 11	\$103
4604.405	13 yrs & up	Thu	7:00-8:00pm	Sept 13	\$103
4605.405	13 yrs & up	T/Th	7:00-8:00pm	Sept 11	\$191

Karate Boot Camp | 4 weeks

Take advantage of this once-a-year opportunity to experience the entire Karate curriculum from white to black belt. Training covers kicking, punching, grappling, forms and self-defense. Whether you are an existing student that needs a review, wants a head start on what's next or a first time participant, this course is for you.

Note: A \$55 start-up fee is due at the first class for new students.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4620.405	13 yrs & up	T/Th	6:45-7:45pm	Nov 27	\$101

Karate Sport | 8 weeks

Have fun exploring the sporting application of Karate through competitive sparring. Refine and apply your skills in a dynamic high energy atmosphere using protective gear in a safety conscious environment. Sparring also allows you to develop and improve your conditioning, control, timing, awareness, reflexes and coordination. Note:Participation is contingent upon concurrent enrollment in Karate and instructor approval for first time enrollees.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4610.405	13 yrs & up	Mon	6:30-7:00pm	Sept 10	\$71

Kobudo | 9 weeks

Explore the mystique of Karate weapons for fun, health, physical conditioning and self-defense. Powered by the exclusive Kibukan system, our comprehensive curriculum promotes balance, muscle control, flexibility and focus. Various weapons also help condition specific muscle groups for developing a stronger body, peaceful attitude and sense of balance. Note: A \$55 start-up fee is due at the first class for new students.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4606.405	13 yrs & up	Wed	6:45-7:45pm	Sept 12	\$103
4607.405	13 yrs & up	Sat	10:45-11:45am	Sept 15	\$103
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Kobudo Sport | 8 weeks

Explore the sporting application of weapons through competitive sparring. Refine and apply your skills in a dynamic high energy atmosphere using protective gear in a safety conscious environment. Sparring also allows you to develop and improve their control, distance, form, focus, eye intensity, awareness, reflexes, coordination, and timing. Note: Participation is contingent upon concurrent enrollment in Kobudo and instructor approval for first time enrollees.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4601.405	13 yrs & up	Mon	7:00-7:30pm	Sept 10	\$71

Masters Academy | 8 weeks

Maximize your time, training opportunity and cost savings with a comprehensive martial arts experience that includes all classes for Karate, Kobudo and their Sport extensions. Invest in your future and be part of history by training in arts passed down for centuries through our direct lineage. Additional Instructions: All requirements for individual programs apply.

Instructor: Masters In Motion

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4608.405	13yrs-Adult	M,T,W,Th,Sat	Varied	Sept 10	\$349

Tai Chi | 9 weeks

Tai Chi Chuan is an internal Chinese Martial Art. It promotes relaxation, balance, coordination, flexibility and strength. In addition to improving health and fitness, with regular practice, one can develop instinctive self-defense skills.

Location: Verdugo Lower Assembly Building

Instructor: Dede Nardini Level 1

Activity #	Ages	Day	Time	Start	Fee
4607.404	13 yrs & up	Mon	6:45-8:00pm	Sept 10	\$82
Instructor:	Dede Nardini I	Level 1 &	2		

Activity # Start Ages Day Fee 4603.404 13 yrs & up 10:00-11:15am \$82 Wed Sept 12

Time

Start

Fee

Instructor: Iren Jensen Level 1 & 2 Ages

Activity #	Ages	Dav	Time	Start	Fee
Instructor:	Iren Jensen an	d Dede N	lardini Level 1 & 2		
4606.404	13 yrs & up	Fri	9:00-10:15am	Sept 14	\$82

Day

ne dirity		,			
4605.404	13 yrs & up	Sat	9:00-10:15am	Sept 15	\$82
Instructor	Dodo Nardini	laval 2			

Instructor: Dede Nardini **Levei 2**

Activity #	Ages	Day	Time	Start	Fee
4602.404	13 yrs & up	Mon	8:00-9:30pm	Sept 10	\$82

Location: McCambridge Recreation Center Instructor: Iren Jensen Level 1 & 2

A addudan #	A	Da.	Time	
Activity #	Ages	Day	Time	

Activity #	Ages	Day	Time	Start	Fee
4611.405	13 yrs & up	Wed	7:00-8:00pm	Sept 12	\$82

music

Electric Bass | 6 weeks NEW

Get Rockin' with the electric bass. Learn scales, chords and rhythms, and apply then to a wide variety of music styles. Learn what to listen for in a great baseline and how to improvise while lying down...a great groove. **Note:** Student needs to supply own electric bass guitar.

Instructor: Peter Carreiro
Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4501.403	12 yrs & up	Thu	7:00-8:00pm	Sept 13	\$80

Piano, Beginning (Group Class) | 8 weeks

Classes are offered with a foundation for Music Theory and basic concept of reading music. Each student is provided with their own keyboards to use which KMNM brings each week. This program is designed to be a progressive program and there are 4 levels to each series of books. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kids Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4546.405	13 yrs & up	Mon	5:00-5:45pm	Sept 10	\$125
4545.405	16 yrs & up	Mon	5:45-6:30pm	Sept 10	\$125
4547.405	13 yrs & up	Sat	3:45-4:30pm	Sept 15	\$125

Violin, Beginning | 8 weeks

In our fun and innovative group violin classes, children learn posture, rhythm, and bowing while building a concrete foundation for learning to read music. Basic techniques will be taught in this class as well as children being introduced to basic music theory. Note: Violins are required for each student. You may call Kids Music N' Motion for specifics at 310-373-0280. **Note:** A material fee of \$25 is due to the instructor at the first class meeting.

Instructor: Kid's Music N Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4560.405	12-17 yrs	Wed	5:00-5:45pm	Sept 12	\$125
4562.405	18 yrs & up	Wed	5:45-6:30pm	Sept 12	\$125
4561.405	12 yrs & up	Sat	1:20-2:05pm	Sept 15	\$125



special interest



Acting for Film and Television | 8 weeks

With the emphasis on fun, students will learn basic acting skills developing confidence and self-esteem required for a film or television audition. The class will consist of games, character development and scene study.

Instructor: Claire Jacobs

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
3526.405	13-17 yrs	Thu	5:30-6:30pm	Sept 13	\$90

Acting Technique | 6 weeks

Using improvisational exercises and scripted work, this class will help develop and sharpen basic acting techniques. Designed for beginning and intermediate performers, the class is taught by the Founder and Artistic Director of the Ovation Award winning Grove Theater Center. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at the Grove Theater.

Instructor & Location: Grove Theater Center

1111B Olive Avenue, Burbank CA 91506

Activity #	Ages	Day	Time	Start	Fee
4510.403	17 yrs & up	Mon	7:00-8:30pm	Sept 10	\$98

Beginning / Intermediate Knitting | 4 weeks

This class is for both beginners and those who already know the basics of knitting. Beginners will learn the basics such as cast on, knit stitch, peral stitch, ribbing, binding off, fringing and weaving in ends. For those who know the basics, we will learn pattern reading, shaping, increasing/decreasing lace, cable, and more. **Note:** Materials required: size 11 needles (preferably metal), and two skeins of Jiffy yarn.

 $\textbf{Instructor:} \ \mathsf{Alisa} \ \mathsf{M}.$

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4513.405	13 yrs & up	Mon	10:00am-12:00pm	Sept 10	\$52
4514.405	13 yrs & up	Mon	6:00-8:00pm	Sept 10	\$52
4515.405	13 yrs & up	Mon	6:00-800pm	Oct 15	\$52
4516.405	13 vrs & up	Mon	10:00am-12:00pm	Oct 15	\$52

Cooking Made Easy with Chef Judy Shalhoub | 1 day

Chef Shalhoub will offer a variety of culinary experiences from cuisines around the world made easy and healthy. Sign up for one or all as fits your interests. Chef Shalhoub has been teaching Culinary Arts for 12 years at BHS and is a Registered Dietitian for over 35 years. Note: A \$15 lab fee is due to the instructor at the beginning of each class. Recipes will be provided along with take-out containers.

Instructor: Judy Shaloub

Location: Burbank High School Second Floor – Room #1223

902 N Third Street, Burbank CA 91502

Desserts from Around the World

Activity #	Ages	Day	Time	Start	Fee
4534.402	13 yrs & up	Sat	10:30am-1:00pm	Sept 22	\$40
Going Gree	en				
Activity #	Ages	Day	Time	Start	Fee
4530.402	13 yrs & up	Sat	10:30am-1:00pm	Oct 6	\$40
Fun with Q	uinoa, the Hea	althies	st grain on Earth and	d Gluten Free	
Activity #	Ages	Day	Time	Start	Fee
4535.402	13 yrs & up	Sat	10:30am-1:00pm	Oct 20	\$40

Dog Training: The Basics of Dog Obedience | 7 weeks

Help make your pet a more enjoyable, well-mannered companion. Classes will focus on skills such as sit, down, stay, come, heel, leash skills and dog-to-dog introductions. Learn troubleshooting techniques for such common problems as jumping, digging, barking, destructive chewing. All dogs participating in class must be 4 months of age and be fully vaccinated prior to starting class. **Note:** First class session will be with owners only in the Recreation Center.

Instructor: Melissa Munoz Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4501.404	16 yrs & up	Wed	6:30-7:30pm	Sept 12	\$110
4502.404	16 yrs & up	Sat	10:00-11:00am	Sept 15	\$110

Open Sky - Jr Aviation | 8 weeks

This class inspires teens to discover the world of aviation through fun activities based on engineering, science, geometry, history and the governance of past and future aviation. Participants will work together, learning through discovery, to build their own planes. Note: A \$60 material fee is due at the first class.

Instructor: Noel Famatiga **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
3506.404	13-17 yrs	Tue	4:40-6:10pm	Sept 11	\$100

Open Sky - Park Flyer | 8 weeks

This class will focus on the basics of Radio Controlled Aeronautics. We will learn formulas and techniques that will inspire people to enjoy the hobby. Emphasis will be on fixing crashed planes and using recycled material. Note: A \$60 material fee is due at the first class.

Instructor: Noel Famatiga **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4506.404	13 yrs & up	Tue	6:20-7:40pm	Sept 11	\$105

Picture Perfect | 2 weeks NEW

Learn how to take photos that look professional. Gain skills that will transform snapshots into masterpieces. Using quick tips and the principals of fine arts, we will analyze photos to see how they could have been done differently to make them more interesting and visually stimulating.

Instructor: Norma Mirpol **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4502.403	13 yrs & up	Thu	5:00-6:30pm	Sept 13	\$25

Positive Reward Dog Obedience | 5 weeks

Smart Paws Positive Reward based Obedience Class. Skills taught in this class include: sit, down, go to your spot, leave it, come, walking on a leash, get back, and heel. Note: Class meets at Picnic Area 4 near the War Memorial (Amherst and San Fernando).

Instructor: Jenina Schutter

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4502.405	13 yrs & up	Sat	3:00-4:00pm	Sept 15	\$125



SAT Test Prep- Crash Course | 1 day

Learn the top test-taking tactics and tricks to raise your SAT scores in this one-day, intensive, 6-hour course. Practice with an actual SAT test. Taught by an expert who specializes in SAT test preparation. Bring your own snack, meal, and calculator.

Class is on Saturday, October 13. Instructor: Pam Bassuk, The Burbank Tutor Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
3505.405	13-17 yrs	Sat	10:00-4:00pm	Oct 13	\$89

Scene Study for Actors | 8 weeks

For Actors wishing to hone their skills. Class will consist of acting exercises and

scene study.

Instructor: Claire Jacobs

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4525.405	17 yrs & up	Thu	6:30-7:30pm	Sept 13	\$90

Screenplay Writing | 8 weeks

The **Level I** class guides you step-by-step through the screenwriting process. Learn format, structure, plot points, character arcs, beat sheets and how to write dialog. Implement industry terminology with confidence. Develop your own stories and accepted studio "pitches" while starting to write your movie. The **Level II** class is the next step for screenwriters in writing the movie form. We will concentrate on the development of studio or independent scripts -- designed to take you to your finished First Draft. We will watch movies, analyze from a screenplay perspective and help with rewriting and polishing. Beginning Screenplay Writing (Level 1) is a pre-requisite for Level 2. **Note:** A \$15 material fee is due at the first class.

Instructor: Mark Troy

Location: Olive Recreation Center

Level 1

Activity #	Ages	Day	Time	Start	Fee
4503.403	13 yrs & up	Mon	7:30-9:30pm	Sept 10	\$98
Level 2					
Activity #	Ages	Day	Time	Start	Fee
4504.403	13 yrs & up	Tue	7:30-9:30pm	Sept 11	\$98

Speaking Shakespeare | 6 weeks

Learn how to let the meter and the language help you discover the character, the meaning and the nuance of this great writer. Perfect for actors wanting to improve their classical technique and non-actors looking to understand Shakespeare in greater depth. Taught by the Founder and Artistic Director of the Ovation Award winning Grove Theater Center. **Note:** Registration for this class must be completed through the Burbank Park, Recreation and Community Services Department. Registration is not accepted at the Grove Theater.

Instructor & Location: Grove Theater Center

1111B Olive Avenue, Burbank CA 91506

Activity #	Ages	Day	Time	Start	Fee
4511.403	17 yrs & up	Mon	8:45-10:15pm	Sept 10	\$98

sports / fitness



30-Minute Dance Yourself Slim | 9 weeks

Exercise to Paso Doble with Flamenco flair. Rhythms of Mambo and Cha-cha with easy movements to work your entire body. Burn the calories.

Instructor: Rikki Barton **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4401.403	13 yrs & up	Wed	6:15-6:45pm	Sept 12	\$39

All Abs | 9 weeks

Andlulle, H. Aren

Tone your middle with 30 minutes of intense abdominal work using a variety of techniques! It's a perfect complement to the 6:30 Sweatshop Kickboxing class at Verdugo Recreation Center or the 6:30 Body Bar class at Ovrom Community Center. Bring a mat (weights/balls provided)

Instructor: Karen Eldridge **Location:** Verdugo Recreation Center

ACTIVITY #	Ages	υay	TIME	Start	ree
4419.404	13 yrs & up	Tue	6:00-6:30pm	Mar 27	\$33
Location: 0	vrom Commur	ity Cen	ter		
Activity #	Ages	Day	Time	Start	Fee
4420.410	13 vrs & up	Wed	6:00-6:30pm	Sept 12	\$33

Art of Pilates | 9 weeks

This is a mat class that joins the traditional Joseph Pilates method with the power and beauty of the soul of dance. You will move smoothly building long, lean, flexible and strong muscles while burning calories. **Note:** Please bring a mat. **Instructor:** Kristan Sauter

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4414.405	10 yrs & up	Sat	10:30-11:30am	Sept 15	\$44

Barre Sculpt | 9 weeks

Unique no-impact barre workout that uses isometrics and interval training with light weights, balls, and bands, in constant motion to melt fat, deeply sculpt arms, abs, booty, and thighs, plus improve posture! **Note:** Bring a yoga mat.

Instructor: Karen Eldridge **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4515.410	13 yrs & up	Mon	9:00-10:00am	Sept 10	\$53
4516.410	13 yrs & up	Thu	9:00-10:00am	Sept 13	\$53

Body Bar Blast | 9 weeks

Weighted body bar cardio intervals and strength training fused with martialarts inspired moves will rev up the metabolism, shock the muscles, and burn calories! **Note:** Weighted exercise bars provided. Please bring a mat.

Instructor: Karen Eldridge **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4402.410	13 yrs & up	Wed	6:30-7:30pm	Sept 12	\$53

Boot Camp | 9 weeks

Safely challenge yourself with drills that will build muscle, balance, endurance, coordination, and confidence utilizing a variety of useful props and tools to increase the effectiveness of your workout. It consists of interval training, athletic drills, weight training, and some kickboxing moves. Wear supportive shoes and bring a mat, 3-5 lb. weights, and lots of water!

Instructor: Karen Eldridge & Guest Instructor **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4422.404	13 yrs & up	Sat	8:00-9:00am	Sept 15	\$57

Butts 'n Guts & Wings 'n Thighs | 12 weeks

We will "lift the butt,""tighten the gut," and "firm and strengthen the arms and thighs." Plan to work hard, but the results will be worth it. Firm, strengthen, and tone these problem areas in a fun and energetic atmosphere to current music.

Note: Bring a mat and weights. **Instructor:** Anne Jackson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4414.403	13 yrs & up	Tue	6:15-7:15pm	Sept 11	\$72

Cardio Fat Blast/ 30 Minutes to Fitness

9 or 10 weeks

A fast, fun and highly effective class combining a super cardio workout with strength training and endurance building exercises. Burn fat, speed up your metabolism, and reduce stress! All fitness levels welcome. Weights provided. No class Monday. November 12

Instructor: Michelle L'Heureux Wilson **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4415.404	13 yrs & up	Mon	9:00-9:30am (9 wks)	Sept 10	\$41
4416.404	13 yrs & up	Wed	9:00-9:30am	Sept 12	\$45
4417.404	13 vrs & up	M/W	9:00-9:30am	Sept 10	\$78



CardioSculpt | 9 weeks

Fat-melting cardio and strength conditioning using the theory of muscle confusion. We mix it up with mini-circuits, weights, cardio blasts and Plyometric intervals. Bring a mat (bands, balls, and weights provided)

Instructor: Karen Eldridge

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4415.405	13 yrs & up	Thu	6:00-7:00pm	Sept 13	\$49

Chair Stretch & Tone | 5 or 8 weeks

Want to work out but can't get down on the floor? This is the class for you! We will burn calories while toning muscles and then stretch those muscles out. So if getting down on the floor has been preventing you from working out, give this class a try. Bring water, weights are optional.

Instructor: Anne Jackson

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4402.405	13 yrs & up	Wed	6:15-7:00pm	Sept 12	\$45
4403.405	13 yrs & up	Wed	6:15-7:00pm (5 wks)	Nov 14	\$30

Core Sculpt | 9 weeks

Using weights with deep, controlled, movement we draw on the body's core strength for center and balance. Prepare to sweat while developing long lean muscles! Bring light weights and mat.

Instructor: Karen Eldridge

Location: McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4406.405	13 yrs & up	Mon	6:30-7:30pm	Sept 10	\$49

Evening Pilates = Weight Loss + Strength | 9 weeks

Experience the slimming power of Pilates and dramatically reshape and strengthen your body. A unique blend of traditional Pilates core work combined with new innovative whole-body work keeps this class fresh and productive. Target-tone those stubborn zones with moves to cinch the waist and sculpt the upper and lower body. You'll love it! Please bring a mat. Weights provided.

Instructor: Michelle L'Heureux Wilson **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4506.404	13 yrs & up	Mon	6:30-7:30pm	Sept 10	\$63

Fat to Firm Weight Loss Aerobics and Cardio Sculpt

10 weeks

20 classes of one of Burbank's most popular morning workouts! Michelle's signature class combines aerobic dance, cardio interval training, plyometrics, aerobic dance, kickboxing and body sculpting cardio with weights to burn fat and build lean muscles. Awesome calorie crunching combinations target both the upper and lower body, giving you a complete head to toe workout. All fitness levels welcome. Bring a mat.

Instructor: Michelle L'Heureux Wilson **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4401.404	13 yrs & up	T/Th	9:00-10:00am	Sept 11	\$96

Karate Fit | 8 weeks

Kick, box and have fun with a dynamic karate workout that really packs a punch! This empowering program utilizes our unique Kibukan® system for a high-impact combination of karate, boxing and aerobic exercise. You'll burn fat, tone your body, acquire self-defense skills and have a blast at the same time. Additional Instructions: Light weight black boxing gloves are needed for class participation.

Instructor: Masters In Motion **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4550.405	13 yrs & up	Mon	10:00-10:45am	Sept 10	\$69

Kickbox Cardio Burn/Weight Training Super Session

10 weeks

Two of Burbank's most popular classes in one with Deni King, A.C.E., Certified Personal Trainer. Butt kicking session of Cardio Kickbox Aerobics followed by a full body weight training session. Yoga/Pilates stretch. Weights/bars provided, please bring a Yoga mat.

Instructor: Deni King

Location: Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4443.410	13yrs & up	Mon	7:00-8:30pm	Sept 10	\$82
4445.410	13yrs & up	Thu	7:25-8:45pm	Sept 13	\$82

Kickboxing Cardio Burn with Yoga & Pilates Stretch

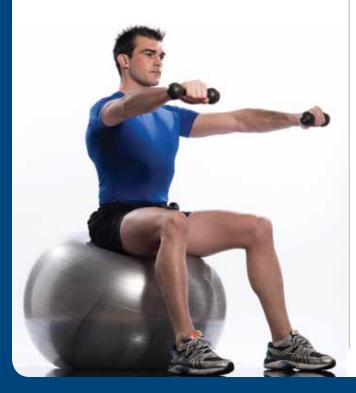
10 weeks

Join Deni King, A.C.E. Certified Personal Trainer, in this super fat-blasting workout. Yoga/Pilates warm up/ cool-down. Instruction for all levels. A fun, friendly class. Bring water and mat.

Instructor: Deni King

Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4403.403	13 yrs & up	Tue	7:15-8:15pm	Sept 11	\$62



Kickboxing + Pilates | 9 weeks

Lose weight, get fit and trim! Get a great body workout with this combination class of Kickboxing + Pilates. You'll increase your stamina and flexibility as well as strengthen your core. Be ready to work your booty off- this class will literally have you dripping with sweat! Bring a mat, towel, and water. No class on October 31.

Instructor: Bodygroove, Rosana Grillo **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4421.405	13 yrs & up	Wed	7:15-8:15pm	Oct 3	\$56

Mommy and Me Melt | 9 weeks

Calling all moms that are ready to workout. This fun, safe and motivating class will incorporate kickboxing, weight lifting and resistance training (with your babies) and the stroller to keep you healthy and get you back to your pre-baby weight. Abdominal work will also be included.

Instructor: Carmella Ward **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4451.410	18 yrs & up	Wed	10:00-11:00am	Sept 12	\$54

Pilates 30 Minute Power Sculpt | 10 weeks

Pumped up Pilates with resistance bands. Great for beginners! Simple, yet highly effective total body strengthening and shaping session. You will receive a resistance band-cost included in fee. Bring a yoga mat.

Instructor: Deni King

Location: Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4407.410	13 yrs & up	Mon	6:15-6:45pm	Sept 10	\$32
4446.410	13 yrs & up	Wed	6:15-6:45pm	Sept 12	\$32

Pilates = Weight Loss + Strength | 9 or 10 weeks

Experience the slimming power of Pilates and dramatically reshape and strengthen your body. A unique blend of traditional Pilates core work combined with new innovative whole-body work keeps this class fresh and productive. Target-tone those stubborn zones with moves to cinch the waist and sculpt the upper and lower body. You'll love it! Please bring a mat. Weights provided. No class Monday, November 12.

Instructor: Michelle L'Heureux Wilson **Location:** Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4402.404	13 yrs & up	Mon	9:30-10:30am (9 wks)	Sept 10	\$63
4403.404	13 yrs & up	Wed	9:30-10:30am	Sept 12	\$70
4404.404	13 yrs & up	Fri	9:30-10:30am	Sept 14	\$70
4405.404	13 yrs & up	M/W/F	9:30-10:30am	Sept 10	\$190

Piloxing ® | 1 9 weeks

Piloxing Trained/authorized instructor leads this high-energy fusion of boxing and Pilates in a rhythmic format to heart-pumping beats. Wear ½lb. gloves to sculpt arms and burn extra calories! Bring a mat.

Instructor: Karen Eldridge **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4416.410	13 yrs & up	Wed	9:00-10:00am	Sept 12	\$53
4418.410	13 yrs & up	Wed	7:30-8:30pm	Sept 12	\$53
4417.410	13 yrs & up	Sat	9:30-10:30am	Sept 15	\$53

Senior Stretching | 12 weeks

Do you feel your muscles are tight? Come to this class, so you can stretch them out at a slow and steady pace.

Instructor: Anne Jackson **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4410.403	18 yrs & up	Mon	6:30-7:00pm	Sept 10	\$48

Stretch It! I 9 weeks NEW

Movement is life! We'll stretch to help erase muscle tightness and pain to increase flexibility. It is for both active and less-active people and all levels are welcome. Bring a mat. Bands are provided.

Instructor: Karen Eldridge **Location:** Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4421.410	13 yrs & up	Mon	10:00-10:30am	Sept 10	\$33

Sweatshop Kickboxing | 9 weeks

Gloves on, train like a champ! It's 60 minutes of fat-burning fun: kicking, punching using authentic training bags to get on the best workouts around. Bring mat, boxing gloves, and hand-wraps.

Instructor: Karen Eldridge Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4421.404	13 yrs & up	Tue	6:30-7:30pm	Sept 11	\$62

Zumba® with Michelle! | 9 weeks NEW

Ditch the workout. Join the party! Zumba combines Latin and International





music with a fun and effective workout system. One of the most enjoyable ways to get in shape and lose those extra pounds. No matter the age or level of experience, you CAN do this! It's a blast

Instructor: Michelle L'Heureux Wilson Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4450.404	13 yrs & up	Tue	10:00-11:00am	Sept 11	\$60
4451.404	13 yrs & up	Thu	10:00-11:00am	Sept 13	\$60
4452.404	13 yrs & up	Fri	9:00-9:30am	Sept 14	\$45

Zumba + Cardio Dance | 9 weeks

An awesome, exhilarating, calorie-crunching workout that's so much fun, you won't even feel like you're working out! Easy to follow Latin & International dance routines combining fitness and dance steps (Salsa, Cha Cha, Merengue, Hip-Hop and more). Ditch the workout, join the party – try Zumba today!

Instructor: Bodygroove, Hollie Lee/Anna **Location:** McCambridge Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4423.405	13 yrs & up	Mon	10:00-11:00am	Sept 10	\$64
4424.405	13 yrs & up	Mon	5:30-6:25pm	Sept 10	\$64
4422.405	13 yrs & up	Mon	7:30-8:30pm	Sept 10	\$64
4407.405	13 yrs & up	Wed	8:15-9:15pm	Sept 12	\$64
4419.405	13 yrs & up	Wed	10:00-11:00am	Sept 12	\$64

Location: Ovrom Community Center

Activity #	Ages	Day	Time	Start	Fee
4410.410	13 yrs & up	Tue	6:15-7:15pm	Sept 11	\$64
4412.410	13 yrs & up	Tue	7:30-8:30pm	Sept 11	\$64
4408.410	13 yrs & up	Wed	5:00-5:55pm	Sept 12	\$64
4411.410	13 yrs & up	Thu	6:15-7:15pm	Sept 13	\$64
4409.410	13 yrs & up	Fri	9:30-10:30am	Sept 14	\$64
4413.410	13 yrs & up	Sat	10:30-11:30am	Sept 15	\$64

yoga

Gentle Yoga | 5, 6 or 12 weeks

Breathing, stretching, restorative postures and deep relaxation will be the main

focus. Bring a mat and towel.

Instructor: Anne Jackson
Location: Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee				
4701.403	13 yrs & up	Mon	7:00-8:00pm (12 wks)	Sept 10	\$58				
Location: M	Location: McCambridge Recreation Center								

Activity #	Ages	Dav	Time	Start	Fee
			7:00-8:00pm (6 wks)	Sept 13	\$30
4702.405	13 yrs & up	Thu	7:00-8:00pm (5 wks)	Nov 1	\$25

Kundalini Yoga for Celestial Alignment towards Healing and Renewing | 9 weeks

This series of exercise will align you with your sacred self, allowing you to find your divine identity. Kundalini Yoga and Meditation will help you reduce stress and improve your nervous, glandular and muscular system. **Note:** Please bring an exercise or yoga mat.

Instructor: Judsan Daal

Location: Verdugo Recreation Center

Activity #	Ages	Day	Time Start	Fee
4703.404	18 yrs & up	Sat	10:45am-12:15pm Sept 15	\$66

Kundalini Yoga for Women for Radiance & Victory

9 weeks

This series of exercise will examine the unique and expressly feminine qualities that create prosperity. The yoga and meditation that are presented have the power to clear out internal insecurities and build persistence and projection based on a confident sense of internal values. This confidence will help you progress forward in relationships and in all your endeavors. Class will include Part I - The Source of Prosperity (4wks), Part II - The Pattern of Prosperity (5wks) and 9 sets of meditations.

Instructor: Judsan Daal

Location: Verdugo Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4702.404	18 yrs & up	Thu	7:00-8:30pm	Sept 13	\$66

Kundalini Yoga for Youth and Joy 1 9 weeks

This series of exercise will leave you feeling healthy and energetic, with a renew enthusiasm for life, giving you a new capacity to be strong, flexible and radiant.

Note: Please bring an exercise or yoga mat.

Instructor: Judsan Daal **Location:** Olive Recreation Center

Activity #	Ages	Day	Time	Start	Fee
4704.403	18 yrs & up	Wed	7:15-8:45pm	Sept 12	\$66

Yoga | 10 or 11 weeks

Instruction in yoga postures incorporates various stretching, breathing and relaxation techniques contributing to the well being of the total self. Comfortable clothing suggested. **Note:** Bring a mat and large towel. No class the weeks of October 22 - October 26 and November 19 - November 23 and Monday, November 12.

Instructor: Paulette Cole **Location:** Joslyn Adult Center

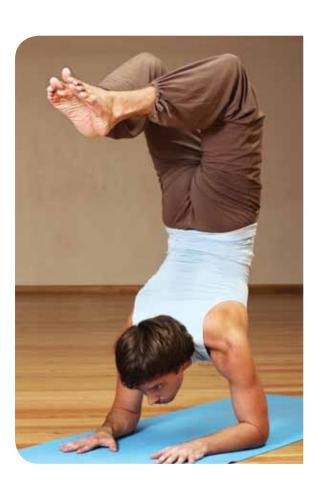
Activity #	Ages	Day	Time	Start	Fee
4701.401	18 yrs & up	M/W	5:45-6:45pm	Sept 10	\$90
4702.401	18 yrs & up	Mon	7:00-8:00pm	Sept 10 (10 wks)	\$48
4703.401	18 yrs & up	Tue	7:00-8:00pm	Sept 11	\$52
4704.401	18 yrs & up	Wed	7:00-8:00pm	Sept 12	\$52
4705.401	18 yrs & up	Thu	7:00-8:00pm	Sept 13	\$52

Yoga, Strength Training | 10 weeks

This class will include instruction in stretching, relaxation and self massage for wellness. Classical yoga postures will be adapted to the individual's needs. 2lb. hand weights are optional and tennis shoes are required for first hour. **Note:** Please bring yoga mat.

Instructor: Susan Quon **Location:** Joslyn Adult Center

Activity #	Ages	Day	Time	Start	Fee
4706.401	18 yrs & u	p T/Th	8:00-9:30am	Sept 11	\$120



woodcarving workshop

Wednesday Afternoons
1:00 to 3:00 p.m.
Stough Canyon Nature Center
Top of Walnut Avenue

No registration fee
Optional materials list and fee
available upon request.

From beginners to experienced, woodcarvers are invited to join this fun and creative class that meets every Wednesday. The primarily one-on-one instruction will be provided by the Smoky Hollow Carvers and the Nature Center staff. There will be occasional group sessions as well.

Call (818) 238-5440 for more information.

Burbank Advisory Council on Disabilities

The Burbank Advisory Council on Disabilities meets on the 4th Thursday of the month at 1:00 p.m., except during July, August and December. The Advisory Council works with city departments to assist and address the needs of individuals with disabilities.

The meetings are held in the Community Conference Room at the **Police & Fire Headquarters**, 311 East Orange Grove Avenue, Burbank. For additional information, call **(818) 238-5372.**



joslyn center



The **Joslyn Adult Center** provides recreation, education, fitness, and cultural art opportunities for those age 55 and over. Program information and newsletter, "The Best of Times" is available online at:

www.BurbankUSA.com www.Burbankwire.com

Most activities, classes, and programs (except Nutrition) at Joslyn, Tuttle and McCambridge Centers cost \$1.00, but are free with a current Burbank Senior Activity Card (BSAC). Sign up now for a BSAC. The card is \$10.00 for Burbank residents and \$15.00 for non-residents. Valid for the calendar year and includes a free Discount Directory.

There are convenient locations for programs, services and classes. For more information call:

Joslyn Adult Center Monday-Friday, 8:00 a.m. - 8:00 p.m. Saturday-Sunday 9:00 a.m. - 4:00 p.m 1301 West Olive Avenue (818) 238-5353



Tuttle Center 1731 North Ontario Avenue (818) 238-5367

fitness classes

All classes are drop-in and for those 55+.
Class fees are per session.
Get \$1.00 off with current BSAC card.
For information, call (818) 238-5353.

Monday

,	
Intermediate Fitness:	8:00 a.m\$1.00
T'ai Chi:	1:00 p.m\$4.00
Tuesday	
Resistance Training:	8:15 a.m\$2.00
Wednesday	
Beginner Fitness	8:30 a.m\$1.00
Ballet Stretch Fitness:	9:30 a.m\$1.00
Friday	
Chair Exercise:	8:30 p.m\$1.00
T'ai Chi:	3:00 p.m\$4.00
Saturday	
Balance Class:	12:00 p.m\$2.00
Zumba Gold:	1:30 p.m\$4.00
Chair Yoga:	2:00 p.m\$1.00
Fitness for Life:	2:30 p.m\$3.00

Medicare - Updates on Part D Monday, October 28, 10:00 a.m.

Learn about prescription coverage for Medicare including: costs and benefits of Part D, when to enroll, whether you need Part D if you already have drug coverage; and financial help for low-income beneficiaries. Admission is free. Please RSVP to (818) 238-5353.

Social Services and Health Information Fair & Flu Shot Clinic

Tuesday, October 30

Health Fair: 8:00 -11:00 a.m. Flu Shots: 9:00 -11:00 a.m.



Joslyn Adult Center 1301 West Olive, Burbank (818) 238-5370

Get your Flu shots free — plus learn about resources and services for older adults through a variety of vendors representing health providers, service organizations, and more.

Joslyn Cyber Café

Check us out! We have open labs, one-on-one tutors and classes.



Note: All computer users at Joslyn must have a Burbank Library card with Internet access.

Free Open Computer Lab: Mondays-Friday,

9:30-11:00 a.m. and 1:30-4:00 p.m. (Mentors will be available to assist you)

One-on-One Training (by appointment): Tuesdays & Thursdays—12:30-3:30 p.m. Fridays—1:30-4:00 p.m.

Cost: \$5.00 (\$2.00 with current BSAC card)

Computer Classes: Call for information. New classes are added to suit your interests. Questions or suggestions? Please contact Anni at (818) 238-5353.

Note: computer assessments (held Mondays between 9:30 -11:00 a.m.) are required for enrollment in classes.

fall day trips

The Joslyn Travel/Recreation Office offers day trips for adults 55 or older. Registration for October, November, and December 2012 trips will be held Monday, September 10, 2012 for all. Priority numbers are given out starting at 8:00 a.m. and registration begins at 9:00 a.m.

Coming this fall!

- · Octoberfest in Big Bear
- · Italian Festival in San Diego
- Rockin' with the Ages & the Pink Lady: "The Beat Goes On" in Hollywood
- Farberge: "Imperial Jeweler to the Tsars" at Bowers Museum

For information call **(818) 238-5353**: Monday-Friday, 9:00-11:00 a.m. or 12:00-2:00 p.m.

information



Information and Social Services

Information and assistance is provided at the Joslyn Adult Center. These services available for those 55+ and include information on activities and community services, such as those listed on this page.

Note: most services require an appointment.

Call Monday through Friday 8:00 a.m. – 4:30 p.m. (818) 238-5353

AARP Driver Safety Program

Lower your insurance premium, and increase your self-confidence and driving skills with this 4-hr driver's safety refresher class. This program is sponsored by AARP and may help you qualify for a renewal of your insurance discount. **Note:** you must have completed the initial full-day class to qualify. It is held on the **second Tuesday of each month,** 12:30 - 4:30 p.m. (depending on number of signups). Fees are \$12.00 for AARP members / \$14.00 for non-AARP members / \$1.00 extra without **BSAC** card.

Braille Low Vision Rehabilitation Van

This van features a wheelchair lift, LCD televisions for instructional videos, and demonstration areas for the latest low vision devices. Visitors can receive free low-vision rehabilitation consultations and learn more about Braille Institute's Library Services, and qualified patrons can sign up to begin receiving talking books. **Please bring a referral from your eye doctor.**

Hearing Screening / Telephone Program

An Audiologist will examine your ears, check your hearing, and if you have hearing loss, issue a form for a free amplified telephone from the California Telephone Access Program.

Information Program at Joslyn

The Joslyn Adult Center has an Information Program on the **3rd Tuesday of each month** at 10:00 a.m. Learn more about what the Joslyn Adult Center has to offer. Consists of a brief explanation of the various programs, groups, and services that are available, followed by a question and answer period and tour of the building.

Legal Advocate Services

A legal representative from Bet Tzedek (House of Justice) Legal Services is available at the Joslyn Center every **2nd Thursday of the month** to assist low income individuals, 55 years or older.

Medicare Advocate

The Joslyn Center can assist you with information regarding Medicare, Part D, Medigaps, HMO's, and Long Term Care Insurance.

Notary Service

Notary services are available at the Joslyn Center for those 55+ for \$5.00 (free with a BSAC card) every **3rd Wednesday**, starting at 9:30 a.m.

Telephone Reassurance / Friendly Visitor

Burbank residents who are 55+ and are limited in their ability to participate in social/recreational activities can receive a **weekly phone call** or **home visit** by a friendly, caring volunteer.

Volunteer Marketeer Program

Homebound Burbank residents (55+) can let a responsible volunteer do their grocery shopping for them at a mutually agreed upon time. This service is free (donations accepted).

got lunch?



got lunch?

Burbank Adult Nutrition

Adults age 60+, join us for hot lunch, Monday through Friday (except holidays), at 11:15 a.m. Socialize with friends and participate in activities at three locations: Joslyn Adult Center, McCambridge Recreation Center, or Tuttle Adult Center.

Lunch sign-ups are from 9:00 a.m.-11:00 a.m. The suggested donation is \$2.00 per meal.

Joslyn Adult Center (818) 238-5357

McCambridge Recreation Center (818) 238-5365

Tuttle Adult Center (818) 238-5367

Upcoming Events

Halloween Costume Party Wednesday, October 31 11:00 a.m.

Thanksgiving Day Celebration
Thursday, November 15
11:00 a.m.

Holiday Meal Celebration Tuesday, December 18 11:00 a.m.

Home Delivered Meals

A Home-Delivered Meal program is available for homebound adults 60+, living in the City of Burbank. Meals are delivered between 10:30 a.m. and 1:00 p.m. for a suggested donation of \$3.00/meal. For application, eligibility requirements or more information call:

> Home Delivered Meals (818) 238-5357



Retired Senior Volunteer Program is a free national service association for individuals 55 and over, and is one of the largest volunteer efforts in the nation. In Burbank, RSVP responds to local community needs through meaningful use of our volunteers' skill at over 70 quality nonprofit or public agencies.

Impact and Benefits of Serving

Volunteering with RSVP brings benefit to the community, the nonprofit or public agency, and the volunteer. Think of what you can do when you give your time to serve.

- Help yourself: Through service, you can add to the quality and health of your life.
 Research indicates that volunteers enjoy better health, make new friendships, stay active and involved in the community, and learn new skills.
- **Save money for agencies you serve:** By donating your time and skills, you help make funds go further for organizations. In California, the value of one volunteer hour is calculated to be \$24.18.
- Help your community: Know that you are giving your time, talent, wisdom, and experience to your community and neighbors in need.

More Ways You Can Benefit

Your free enrollment in RSVP entitles you to benefits that support and enhance your volunteer journey.

- **Personalized Matching** we work to find the right opportunity for your passions, skills, interests, and schedule.
- **Volunteer Insurance** supplemental accident medical, personal and automobile liability coverage to provide additional security while volunteering.
- Transportation Reimbursement to help defray the cost of service.
- **Recognition** members are eligible for Presidential Volunteer Service Awards and more at our annual recognition event.
- RSVP Communications through our newsletter, we keep in touch and make you aware
 of new opportunities, events, and information. Join the half million RSVP members
 nationwide and put your experience to work in your community today.

ENROLL TODAY! To join RSVP, call us or e-mail us. Membership is free, and all that's required is that you be age 55 or over, complete a registration form, and volunteer at a qualified nonprofit organization or public agency.

RSVP Program at the Joslyn Adult Center 1301 West Olive Avenue Burbank, CA 91506 (818) 238-5370 www.facebook.com/BurbankRSVP email: dcall@ci.burbank.ca.us





Valley Porcelain Artists Art Exhibit



Saturday, October 13, 10:00 a.m.-2:30 p.m.

Enjoy displays of hand-painted porcelain art, including: decorative and functional, modern and traditional, portraits, landscapes, jewelry, antiques, animal & floral painting.

Admission is free.

Joslyn Adult Center 1301 West Olive Avenue Burbank (818) 238-5353

Transportation



Burbank Bus Senior and Disabled Transportation Service Reservations (818) 238-5360 Disabled (818) 238-5362 Cancellations (818) 238-5361

Burbank Bus-Senior & Disabled Transit is aimed at reducing the isolation of senior and disabled residents of Burbank. Transportation services are provided to people age 60 and over and individuals with disabilities (any age) with doctor's certification. Burbank Bus Senior and Disabled Transit provides efficient, comfortable, and reliable transportation seven (7) days per week. Reservations are required. Call for more information.

Metro Tap Pass Senior and Disabled Bus Pass Sales Program (818) 238-5360

METRO reduced fare senior and disabled monthly bus passes, including TAP Pass reloading: \$7.00 to Burbank residents only, a 50% discount off the normal \$14.00 fare. Seniors must be at least 60 years of age.

Monday-Friday, 1:00 p.m.-4:00 p.m.

25th of each month through the 10th of the following month. Proof of residency is required.

Burbank Transportation Service Office Joslyn Adult Center 1301 West Olive Avenue (818) 238-5360

INTERNET (www.burbankparks.com)

BURBANK RESIDENT

begins at 9:00 a.m. on August 17

NON-RESIDENT

begins at 9:00 a.m. on August 24

- Registration can only be completed with a valid Visa or MasterCard.
- Customer name and address must match the billing statement.
- Online registration directions can be accessed by clicking on the blue "?Help" link at the top of the class offerings page.

MAIL-IN

BURBANK RESIDENT

Processing begins August 17 (postmarked no earlier than August 13)

NON-RESIDENT

Processing begins August 24 (postmarked no earlier than August 20)

Fill out registration form completely. Adult signature is required.

- · Enclose payments for first choice classes only.
- Include a seperate check for each class. Visa/ MasterCard payment is also accepted.
- Enclose one self-addressed stamped envelope with your registration to receive a confirmation/receipt
- · Make checks payable to CITY OF BURBANK

Mail to: Burbank Recreation Registration

PO Box 6459

Burbank, CA 91510-6459

WALK-IN (Open Registration) begins at 9:00 a.m. on August 28

CREATIVE ARTS CENTER

1100 West Clark Avenue (818) 238-5397

McCAMBRIDGE RECREATION CENTER

1515 North Glenoaks Boulevard (818) 238-5378

OVROM COMMUNITY CENTER

601 South San Fernando Boulevard (818) 238-5435

VERDUGO RECREATION CENTER

3201 West Verdugo Avenue (818) 238-5390

General Information

- All class registration will <u>only</u> be accepted through the second week of instruction and all original class fees will apply.
- Non-Resident fees apply to those living outside of the City of Burbank.
 Non-Residents must include an addition \$5 per person, per class.
- Mail-in registrations sent before the scheduled postmark dates will be processed last.
- · Programs are filled on a first-come, first served basis.
- All programs are subject to cancellation if minimum enrollment numbers are not met.
- If a class is full, students will be placed on the waiting list and enrolled in the alternate choice (if one is provided). If a fee adjustment is required, the student will be notified. If no alternate choice is listed, students will be placed on the waiting list and payment will be returned.
- · Class schedules are correct up to the date of publication, however may be subject to change without notice.
- The City assumes no responsibilty for any registrations not received.

Refund / Transfer Policy

It is the City of Burbank's goal to provide quality recreation classes and programs. If you are unable to attend or are not satisfied with a class, we will be happy to arrange a **transfer** to another class (if space is available) or send you a **refund** if the following guidelines are met:

- Class lasting 3 or more weeks A request for refund/transfer must be
 given to registration staff a minimum of one business day prior to the
 second scheduled class meeting. A \$10.00 administration fee will be
 assessed for each class refund. No refund/transfer will be granted after
 the second scheduled class.
- Class or workshop lasting 2 or fewer weeks A request for refund/ transfer must be given to registration staff a minimum of five business days prior to the scheduled start date of the class or workshop. A \$10.00 administration fee will be assessed for each class refund. No refund/transfer will be issued after this date.
- Material fees are non-refundable.

All refunds are issued by check and take between 3-6 weeks to receive in the mail.

Non-Discrimination Policy

The City of Burbank, in compliance with applicable regulations, hereby asserts that it does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, ancestry, marital status, or medical condition in the admission or access to, or treatment or employment, in its programs and activities.

Special Needs Participant

To adequately plan for a successful and rewarding experience, please contact the ADA Coordinator at (818) 238-5010 two weeks prior to the activity start date. Ample time is needed to determine accommodation needs.

First Name	MI Last Name						Home Phone							
Home Address				City		Alternate F	e Phone							
E-mail Address			<u> </u>					Driver's Lic	ense / ID	nse / ID Card Number				
PARTICIPANT II	7		T	Γ	T T		Т		Τ_		_			
First Name	MI	Last Name	M/F	Birthdate	Choice	Class Number	Class Name		Day	Start Time	Fee			
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	CR	EDIT CARD PAYMENT INFOI	RMATION (only if µ	paying by credit c	ard via mail-in	registration)			Tot	al Class Fees				
□VISA □MASTERCARD Card Number:						Expiratio	n:	*NON-RESIDENT FEES See <u>underlined</u> below						
Billing Address (if different from above): City:						Zip:								
Cardholder Signature:									•	Grand Total				
				FOR OFFICE US	SE ONLY									
Check #'s:	Cash				Auth. #:		Receipt	eceipt Number:						
I hereby absolve the Cit participant is a minor, I that if my child or I may I grant the City of Burba be given for use of thes I ACKNOWLEDGE THAT I COMMUNITY SERVICES	y of Burba hereby gi have regis nk permis e photogra HAVE REA PROGRAM	refund Policy outlined in the nk, its employees, and office we my permission for his or h stered for a class involving ph sion to use my or my child(maphs and that these images: D THE FOREGOING AND HAVE AND I AM FULLY AWARE OF That I am eighteen (18) years	ers from all liability er participation as nysical activity, I hav en)'s photographs a shall become the si E BEEN FULLY AND HE LEGAL CONSEQI	which may arise as indicated and in s re taken care to en and images for the ole property of the COMPLETELY ADVIS	so doing absolve froll at a class less purpose of public City of Burban SED OF THE POT	e the City of Burbank, evel appropriate to m blicizing and marketir k. TENTIAL DANGERS INC	, its employe ly or my chil ng City activ	ees, and offi d's physical ities. I unde	cers from abilities a erstand tha	such liability. I nd/or medical at no compensa	am awa conditi ation sh			

- · In order for your registration form to be processed, you must:
- 1. Fill out registration form completely (please print).
- 2. Enclose payment with your registration form. Checks or Visa/MasterCard are accepted. Please send a seperate check for each person/class if registering for multiple classes (Mail-In only). Participants not living in the City of Burbank must include an additional \$5 per person, per class non-resident fee.
- 3. Sign and date registration form.
- Enclose a self-addressed, stamped envelope to receive registration confirmation.

CITY OF BURBANK

Mail to: **Burbank Recreation Registration** PO Box 6459 Burbank, CA 91510-6459

Parks & Recreation Facilities

	PESERVATION	PLAYGROUND	COMMUNITY CENTER	GYMNASIUM	RESTROOMS	PICNIC TABLES	SKATE PARK	FITNESS EQUIPMENT	TENNIS COURT	BALL FIELD	BASKETBALL COURT	HANDBALL COURTS	P00L	HAORSESHOE COURTS	HIKING TRAILS
2) Abraham Lin	coln Park	•	'			/									
4) Bel Aire Ball	field									1					
5) Brace Canyo	n Park	/			1	1					1				
8) Compass Tr															
10) Earthwalk P	'ark	/				1									
11) George Izay	Park 🛨	/	1	/	1	1			/		1	1			
12) Johnny Cars					1	1		1							
13) Maple Stree	et Playground	/													
14) McCambrid	ge Park	/	1	/	1	1					1		/		
15) Miller Park		/			1	1									
16) Mountain V	iew Park	/			1	1					1			/	
17) Larry L. Ma	xam Memorial Park 🗼	/			1	1					1				
18) Palm Park										/					
19) Ralph Foy P	ark 📩	/			1	/		1							
20) Robert E Gr	oss Park 📩	/	1		1	/									
21) Robert E Lu	ındigan Park	/			1	1									
22) Robert R Ov	vrom Park	/	1		1	1					1				
23) Santa Anita	Playlot	/													
24) Stough Can	yon Nature Center		1		1										1
25) Stough Can	-		1		1										
27) Valley Park	*				1	1	1								
28) Verdugo Pai	rk 🛨	/	/	/	1	1					1		/		
29) Vickroy Park	<	/			/	/									
30) Whitnall Hig	shway Park North														
31) Whitnall Hig	shway Park South							/							
32) Wildwood C	anyon Park				1										1



✓ Amenity available at location

🛟 Lighted-can be used day or night

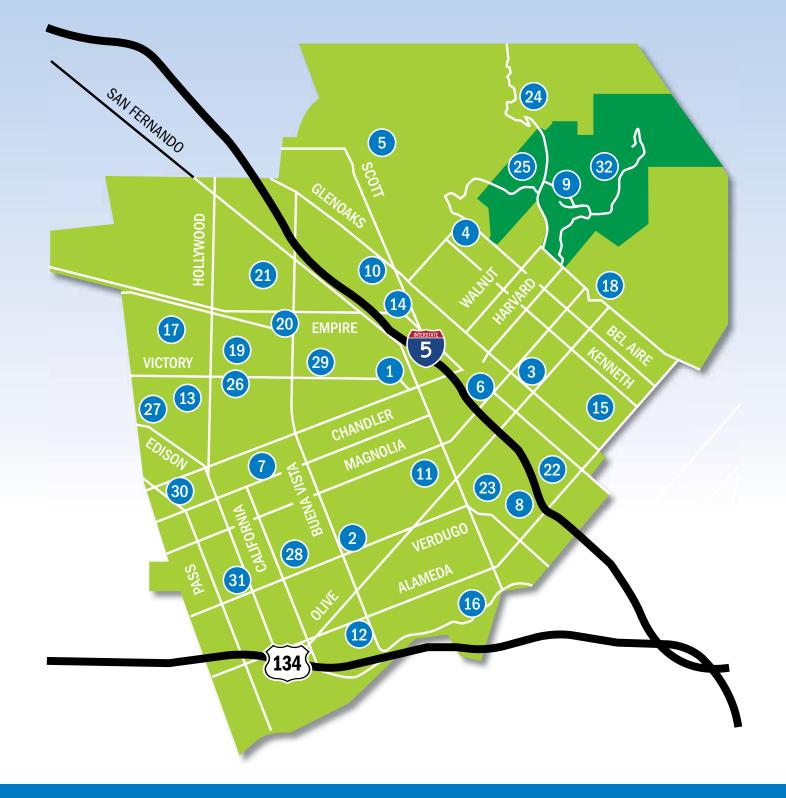
- 1 **5 Points Art Monument** 1075 West Burbank Blvd. 91506
- 2 Abraham Lincoln Park 300 North Buena Vista St. 91506
- 3 Administrative Offices 238-5300 150 North Third Street 91502
- 4 Bel Aire Ballfield 1750 Bel Aire Drive 91504
- Brace Canyon Park 2901 Haven Way 91504

- 6 **Burbank Center Stage** 558-7000 555 North Third Street 91502
- 7 Chandler Bikeway Chandler Boulevard 91505/91506
- 8 Compass Tree Park 601 South Lake Avenue 91502
- 9 DeBell Golf Course 845-0022 1500 Walnut Avenue 91501
- 10 Earthwalk Park 1922 Grismer Street 91504
- 11 George Izay Park
 1111 West Olive Avenue 91506
 Olive Recreation Center 238-5385
 Burbank Little Theatre 238-9998
 1111B West Olive Avenue 91506
 Sports Office 238-5330

Creative Arts Center 238-5397 1100 West Clark Avenue 91506

Joslyn Adult Center 238-5353 1301 West Olive Avenue 91506

- Johnny Carson Park 400 South Bob Hope Dr. 91505
- 13 Maple Street Playground 3820 West Jeffries Ave.91505
- 14 McCambridge Park
 1515 North Glenoaks Blvd. 91504
 McCambridge Rec. Center 238-5378
 McCambridge Pool 238-5381
 Burbank Tennis Center 843-4105



- 15 Miller Park 720 East Providencia Ave. 91501
- Mountain View Park
 751 South Griffith Park Dr. 91506
- 17 Larry L. Maxam Memorial Park 3715 Pacific Avenue 91505
- 18 Palm Park 1125 East Orange Grove Ave. 91501
- 19 Ralph Foy Park 3211 West Victory Blvd. 91505 Roller Hockey Rink 845-0960 Schafer Field

- 20 Robert E. Gross Park 2800 West Empire Ave. 91504
- 21 Robert E. Lundigan Park 2701 Thornton Avenue 91504
- Robert R. Ovrom Park
 601 South San Fernando Blvd. 91502
 Community Center 238-5435
- 23 Santa Anita Playlot 250 West Santa Anita Ave. 91502
- 24 Stough Canyon Nature Center 238-5440 2300 Walnut Avenue 91501
- 25 Stough Canyon Park
 1335 Lockheed View Drive 91504
 Starlight Bowl 525-3721
 1249 Lockheed View Drive 91504
- Tuttle Senior Adult Center 238-5367 1731 North Ontario Street 91505
- 27 Valley Park 1625 North Valley Street 91505 Skate Park 238-5390
- Verdugo Park
 3201 West Verdugo Ave. 91505
 Verdugo Recreation Center 238-5390
 Verdugo Swimming Pool 238-5391
- 29 Vickroy Park 2300 Monterey Place 91506
- 30 Whitnall Highway Park North 1202 North Whitnall Highway 91505
- 31 Whitnall Highway Park South 610 North Whitnall Highway 91505
- 32 Wildwood Canyon Park 1701 Wildwood Canyon 91501

